Helios

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HELIOS

1976

Volume 84
Central High School
431 Fountain St., N.E.
Grand Rapids, Michigan
49503

THE WAY WE WERE

Memories
Like the corners of my mind
Misty water color memories
Of the way we were

Scattered pictures
Of the smiles we left behind
Smiles we gave to one another
For the way we were

Can it be I still was all so simple then
Or has time rewritten every line
If we had the chance to do it all again
Tell me would we . . . could we

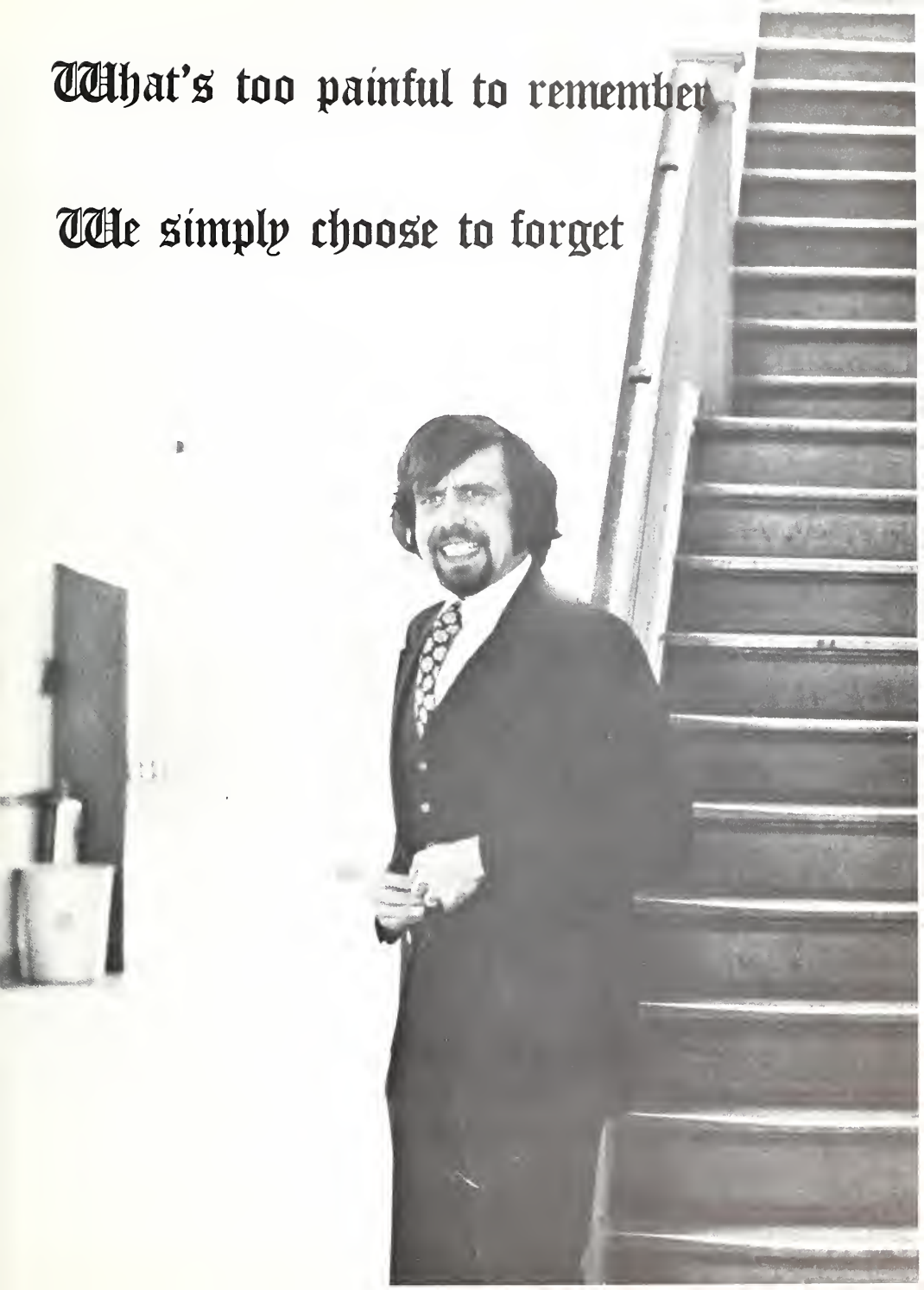
Memories
May be beautiful and yet
What's too painful to remember
We simply choose to forget

So it's the laughter
We will remember
Whenever we remember
The way we were

Faculty

What's too painful to remember

We simply choose to forget



Perrin, Wesley
Principal

Edwards, James
Asst. Principal

Kirchgessner, John
Asst. Principal

Mandeville, Earl
Asst. Principal

Galant, Edmund
Head Counselor

Feringa, Margaret
Counselor

Harris, Julius
Counselor

Ives, Edwin
Counselor

Stob, Robert
Counselor

Korcal, Harriet
Counseling Secretary

Saenz, Robert
Counselor

Shirley, Genevieve
Counselor

St. Clair, Janette
Counselor

Abbott, Arland
Government, Am. Life

Allen, David
Biology, Physiology

Baker, Patricia
Reading

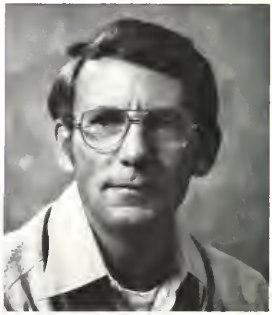
Barcheski, Larry
Boy's Gym, Am. Life

Barkema, David
Journalism, English,
Newspaper, Yearbook

Barnes, Nova
English

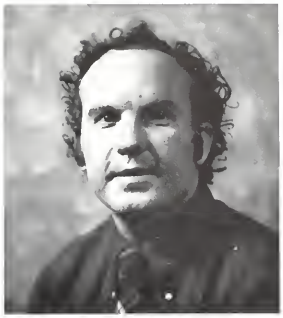
Blackmon, Cal Joy
Art

Brown, Roy
Am. Life



Cavanaugh, Richard
Wood Shop

Coon, Marilyn
Academic



Daining, Dennis
Am. Life

Duquette, David
Art, Painting, Drawing

Engler, Robert
Art

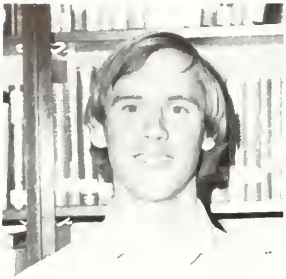
Ezeh, Pamela
Reading

Feuerstein, Thomas
Math, Algebra,
Geometry

Gantos, Claire
Spanish

Garbowitz, Fred
Debate, Speech, English

Genger, James
Science



Glass, Ross
Media Center

Gryska, Bernard
Biology, Science

Haglund, Patricia
Girl's Gym

Hansen, Joan
Steno Transcription,
Business World

Hillary, Ted
Am. Life

Hoek, Richard
Government, Am. Life,
Mod. Problems, Dept. Head

Houston, Rosemary
Home Management, Foods,
Interior Decorating

Huls, Donald
Junior & Senior Choir,
Madrigals

Jeltema, Joseph
World History, Am. Life,
Government

Jeltema, Thomas
Am. Life

Jimenez, Rosa
Foods, Home Economics

Kerr, Anne
Reading, English,
French

Kieras, Edmund
Biology, Science

Kish, Judy
Foods

Knowles, Gregory
Senior Band, Stage Band,
Educational Park

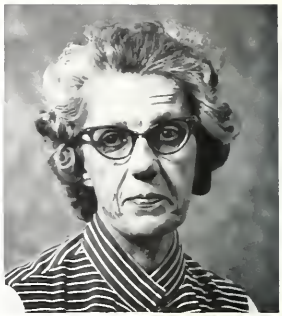
Kogelshatz, Rolfe
ROTC Instructor

Kooyman, Harry
Electricity,
Educational Park

Kops, Herman
Typing, Data Processing

Kuipers, Harry
German, English

LeMonnier, Martin
Electricity, Mach. Drawing, Blue Print, Arch. Drawing



Leslie, Patricia
Latin

Lodewyk, David
English, Short Studies

Lubbers, Robert
Chemistry, Earth Science

Luebke, Thomas
Am. Life, Law, Economics

Marcus, Allen
Math, Analysis,
Algebra, Trigonometry

McDermott, Thomas
Academic

McFerren, SFC Fred
ROTC

Merizon, Edward
Psychology

Mieras, Jacqueline
English

Moore, Charles
Am. Life, Boy's Gym

Munson, Ellen
Typing

Owens, William
Black History,
Am. Life, Sociology

Payne, Mildred
Algebra, Math

Pelierito, John
Boy's Gym

Pelletier, Mary
Typing, Office Machines,
Business World

Petroski, William
Math, Geometry

Preston, Mary
Girl's Gym

Remenap, Joseph
Boy's Gym

Roman, LaNelle
Orchestra, Music Apprec.

Schindler, Roger
Media Center

Schriber, Shirley
English, Senior Seminar,
Dept. Head

Schultz, James
Administration

Sikkema, Hermina
English, Short Studies,
Ed. Park, English Lit.

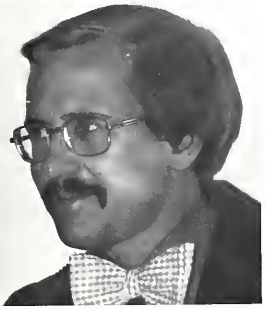
Snyder, Diane
Clerical Procedures

Spaan, Milton
Am. Lit., English,
Short Studies

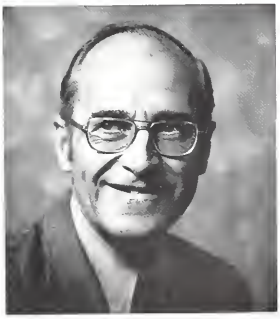
Sumner, Douglas
Academic

TenHave, John
Earth Science, Chemistry

Terrell, Jack
Math, Algebra,
Stat./Prob.



Treur, Jan
Government, Fam. Liv.



VanDop, Adrian
Accounting, Bus. World

Vest, Lorna
English, Comp./Lang.

Wiers, Bonnie
Girl's Gym

Wilson, Anthony
Metals, Woods

Winstedt, Rowene
Clothing

Tran, Tuan
Vietnamese

Boguslawski, Paula
Attendance Secretary

Ronero, Jose
Bilingual

Peterson, JoAnn
English

Hoekzema, Arlene
English

English, John
Control Officer

Harvey, David
Attendance Officer

Johnson, Thelma
Nurse

Keegstra, Dan
Hall Security

Minogue, Irene
Media Center, AV

Snyder, Vernon
Liaison Officer

Schellenberger, Eleanor
Media Aide

Snellink, Dorothy
Reading Aide

Thwoc, Vo
Vietnamese Aide

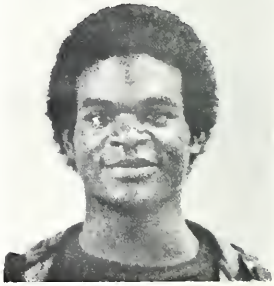
Roelofs, Gary
School Liaison

Pugh, Thomas
Community School Director

Thomas, Colleen
Community School Secretary

Vogt, Eileen
Head Secretary

Welmerink, Margaret
Secretary



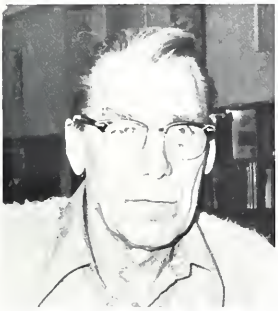
Walker, Johnny
Hall Security

Golson, Norwood
Head Engineer

Siemoin, Irene
Head Cook

Beaty, Mary
Kitchen Aide

Schaffin, Ollie
Kitchen Aid



Emmert, Russ
Retired
Head Engineer

Sherwood, Jim
Custodian

Hayes, Robert
Custodian

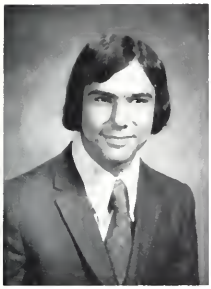
Trombley, Walt
Custodian

Seniors

Misty water-color memories

Senior Officers

Paul Kelly, President
Lisa Wood, Vice-President
Barb Ward, Corres. Sec.
Carol Faasse, Rec. Sec.
Noreen Palumbo, Treasurer
Debbie Smith, Girl Advisor
Jerry Bostelaar, Boy Advisor


Bruce Abbgy

Sandra Jean Alyea

Estella Amos

Harry Anastos

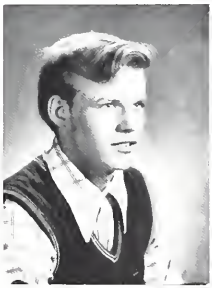
Kathy S. Anderson

Stephan C. Anderson

Janet Rose Ashley

Sonia Baez

Tim Ball


Richard Balsitis

Allen J. Baranowski

Marianne Barnes

Paul Barscewski

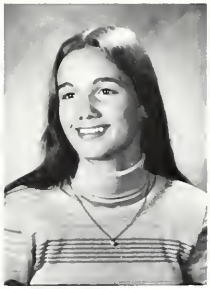
Ronnie Beards

Kirk Wm. Beckman

Dianna L. Belk

Jay Allen Berry

Tom Bigelow


Marcia Jean Boelens

Mary Kathryn Boggs

Teresa Gale Boggs

Karen Lynn Boguslawski

Cynthia L. Borowka

Jerry Bostelaar

Kathryn Bott

Thomas C. Box

Debbie Dorine Brailey

Stacey Braybrook

James Brechting

Jamie Breen

Patrice Annette Breen

Cheryl Brewster

John Briel

Rhonda Ranae Britton

Carolynn J. Brooks

Kurt Budnick

Lynn Bueche

Leah Waydean Buggs

Bill Burchard

Ronald W. Burggraaf

Edw. Campbell

John Cash

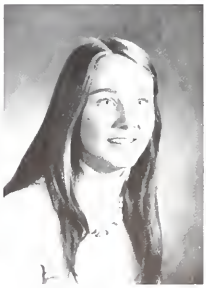
Jeffrey Scott Cebelak

Tim Chasseur

Renee Clay

Nancy Ann Cobb

Jerry P. Cole


Chris Connell

Brenda Couch

Gina Marie Covington

Cathleen Rose Crandall

Timothy A. Cross

Mark Currier

Susan Lee Davidson

John Deering

David DeMaagd

Wayne Alan DeWitt

Adel Michele Dobry

Debra Dock

Dave Dodger

Betty J. Donaldson

Jan L. Doran

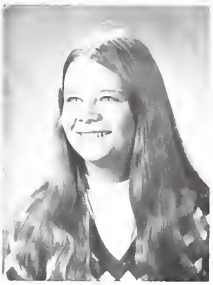
Susan Dryer

Mike Dudek

Martin L. Duffield

Deborah Ann Dunstan

Harold Ebenstein



Tamara Lynn Elders

Chris Jayson Ellis

Bruce Edward Emaus

Annette Marie Ernwell

Cheryl Faasse

Sherry Lea Fairfield

Tammy Ferrell

Sally Ann Figures

Leatha Carol Fischer

David G. Flickinger

Glenn Floyd

Cheryl L. Fowler

Penny Fry

Regina C. Gaines

Laura Jeanette Garfield

Jack Gibson

Rose Gills

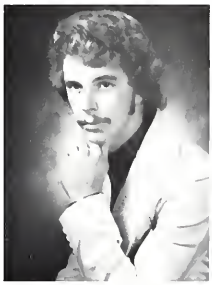
Kimberly M. Glididen

Sue Glupker

Sarah L. Gooden

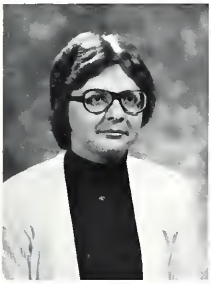
Becky Green

Ida Griffin


Richard Gnudzinskas

Vicki Guthrie

Becky R. Gutierrez


Carol Hankiewicz

Sue Lynne Hansen

Nancy Ann Hastings

Dorcas M. Heintz

Cheryl A. Heyboer

Halle Elizabeth Higgins

Eleanor Hill

Kathy Hill

Jean Kathryn Hoekstra

Harriette Howard

Lois J. Hulbert

Mary Husar

Katherine Elizabeth Irwin

Annette Jacobs

Jennifer Louise Jacobs

Rob Jamo

Tammie Lynn Jarvis

Jayne Johnson

Israel Undra Jones III

Ron Jones

Mark C. Justema

Janie Ann Karrip

Paul Joseph Kelly

Debra Ann Kelting

Diane Elizabeth Kelting

Cindy Diane Kieviet

Sally Jean Kingsnorth

Rocky R. Kitchen

Numeral Day

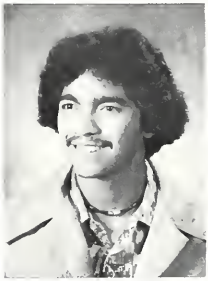
Karen Kay Klunder

Ingrida Daina Kornets

Diane LaHuis

Betty Jean Lauderdale

Sunny Arlene Lindsey


Fabian Lopez, Jr.

Tim MacDonald

Irene MacMillan

Tim Madura

Wanderval Inetter McKinney

Kathy Beth Malfroid

Brian Marion

Eloise Marshall

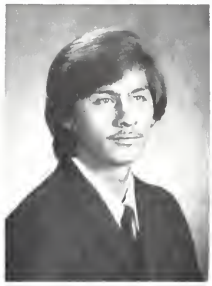
Juan Manuel Martinez

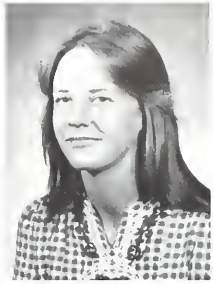
Jerry McCarthy

William McDonald

Barbara Kay McIntyre

Carolyn E. McKinney


Tom A. McSauby


Delia McVicar

Debbie Meeunsen

Elizabeth Merdzinski

Steve Mervau

Marcia de La Caridad Mesa

Monica Mieras

Beth Miller

Karla Jean Moelker

Terri Moore

Yolanda Moore

Deborah Mosley

Carol Muncey

Sally Music

NO
DOGS

"But I Don't Even Know Your Daughter"

Doris Nelson

Terri Lynn Nelson

Tim Nelson

Glenna Neuman

Joseph G. Niedzwiecki

Donna N. Noah

Molly Nolan

Lon Norman

Casey Nordyke

Debra J. Nyenhuis

Cynthia Lee Oom

Robert Osborn

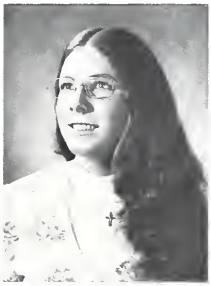
David Carroll Otte

Saundra Lynnay Palmer

Jack W. Palmitier

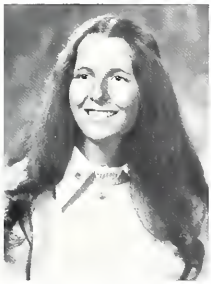
Debra Kay Parish

Charles E. Patten


Katherine Eileen Patterson

Vicki Jo Peuler

Ruthann Phillips


Merri Jo Piette

Terrance Joel Piette

Doris Pingel

Suzan Piskin

Senior Dress Up Day

OUR CLASS PRESIDENT

Vicky Lee Portwood

Kimberly Anna Potter

Gregory S. Price

Minnie Price

Chris Edward Pruett

Teresa Kathleen Putnam

Dave F. Rance

Daniel C. Ray

Martha Ann Reyna

Carol Rittenhouse

Charlie Roark

David Samuel Robinson, Jr.

Robert Scott Rohloff

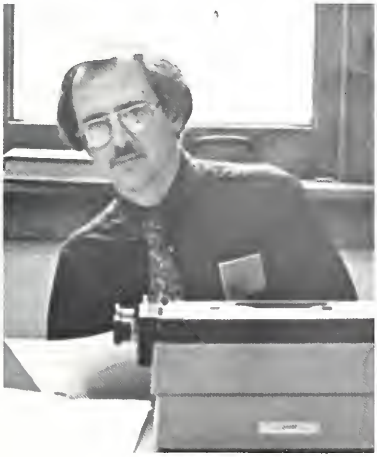
Laurell Lee Rollins

Susan Marie Rosloniec

Cindy Lou Ross

Left to Right: Ron Uecker, Marcia Boelens, Sally Kingsnorth, Ingrid Kornets, Doris Nelson, Kim Potter, Cheryl Brewster, Tim Chasseur.

Senior Advisory Board



The Senior Advisory Board is comprised of seniors who make decisions to bring before the entire class. Some of the decisions they have made deal with the choice of colors of the graduation robes and announcements. They also plan the traditional events such as Numeral Day, Class Night and Graduation.

Advisor Mr. Truer

Arnie Ruperts

Eddie Marie Rucker

Ken John Rusilowski

Sharon Renae Sanders

Cherylou Sargent

Yvonne Leigh Schaap

Laura Ann Scharphorn

James Henry Schmitzer

Lisa Schoonheim

Todd Schuhman

Deborah Scott

Lenore Scott

Kimberly Ann Marie Selbach

James Short

Debra L. Sleziak

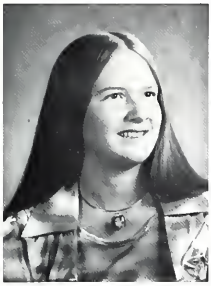
Christine L. Smith

Valerie Joan Marie Spangler

Kathy Marie Standley

Teresa Stanton

David Stephens


Terri Lynn Stevenson

Michael Stott

Susan Kay Swartz

Sue Marie Sylvia

Tom Syrba

Gary Lee Sytsma

Kimberly E. Taylor

Todd Teachout

Lisa Thomas

Charles Ralph Tolhurst II

Mark Tomasik

Holly L. Uecker

Left to Right, Row 1: Julie Lemcool, Chuck Tolhurst. Row 2: Carol Rittenhouse, Tim Chasseur. Row 3: Sue Dryer, Jean Wilkening. Row 4: Karen Boguslawski, Cheryl Faasse. Row 5: Ingrid Kornets, Dorcas Heintz.

The Top Ten

Ronald William Uecker

James Vander Kolk

Keith VanderWeide

Mark Joseph VanDriel

Cheryl VanHaun

David VanHolstyn

Dawn VanLandingham

Susan Kay VanOosten

Cathleen Jane VanOrden

Eduriges Velez

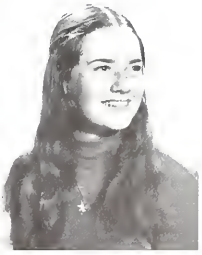
Jim Van Vliet

Ellen R. VerWys

Jenny Ann Vinge

Carol J. Waem

Gloria G. Waem


Helen E. Wagemaker

Shell Waidelich

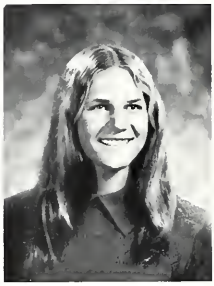
Naomi Z. Walker

Barbara Kay Ward

Laurie Sue Ward

Sheryl Lynn Williams

Kathy A. Williams


Jean Marie Wilkening

Sherrie Wiersma

Carlton Andre Whitley

Ellen Marie Weber

Phillip Robert Warn

Joe Wardell

Rodger D. Wilson

Tom Wisneski

Marcia Wojiakowski

Lisa Wood

Linda D. Woods

Kelly Jean Woody

Kathleen Rae Worster

Machelle Wright

Michael David Young

Laura Lee Zandstra

Sue Ziemski

Vivian Elaine Zuidema

Kevin Zudewind

Judith Ann Jenkins

Class Song

School days, School days, School days
Try to remember.
This is your Life,
we've come to the end of our road.

Life is Like a Jewel, So I'm told.
Well it's been a Long time
with Hardships most of the way.

Some of us have a future
Some have a brighter day.
But look at one another
and say, we made it through.
When we first started going to school
you thought it was real cool
But now I'm Looking and searching
for a brighter day

Well there's someone who wants to quit
and come back and maybe try again
Some of us have a future
Some have a brighter day
But look at one another
and say we made it through
As times fly by
School gets slow
you think you're young
But you're feeling old,
So take the time
and make a smile
it might be nice
because it's worthwhile
Some of us have a future
Some have a brighter day
But there's none who can
never say, you know we
made it, made it, through
because it was worthwhile

by: Melvin Stewart
Levi Figgures

Class Motto

We are just leaping over the hill;
and we have a huge mountain to climb.

by: Eddie Rucker
Wanda McKinney

Class Poem

For all of us there comes a moment, a
moment unlike before . . .

When suddenly, something is that was not,
in some special way a new world opens.

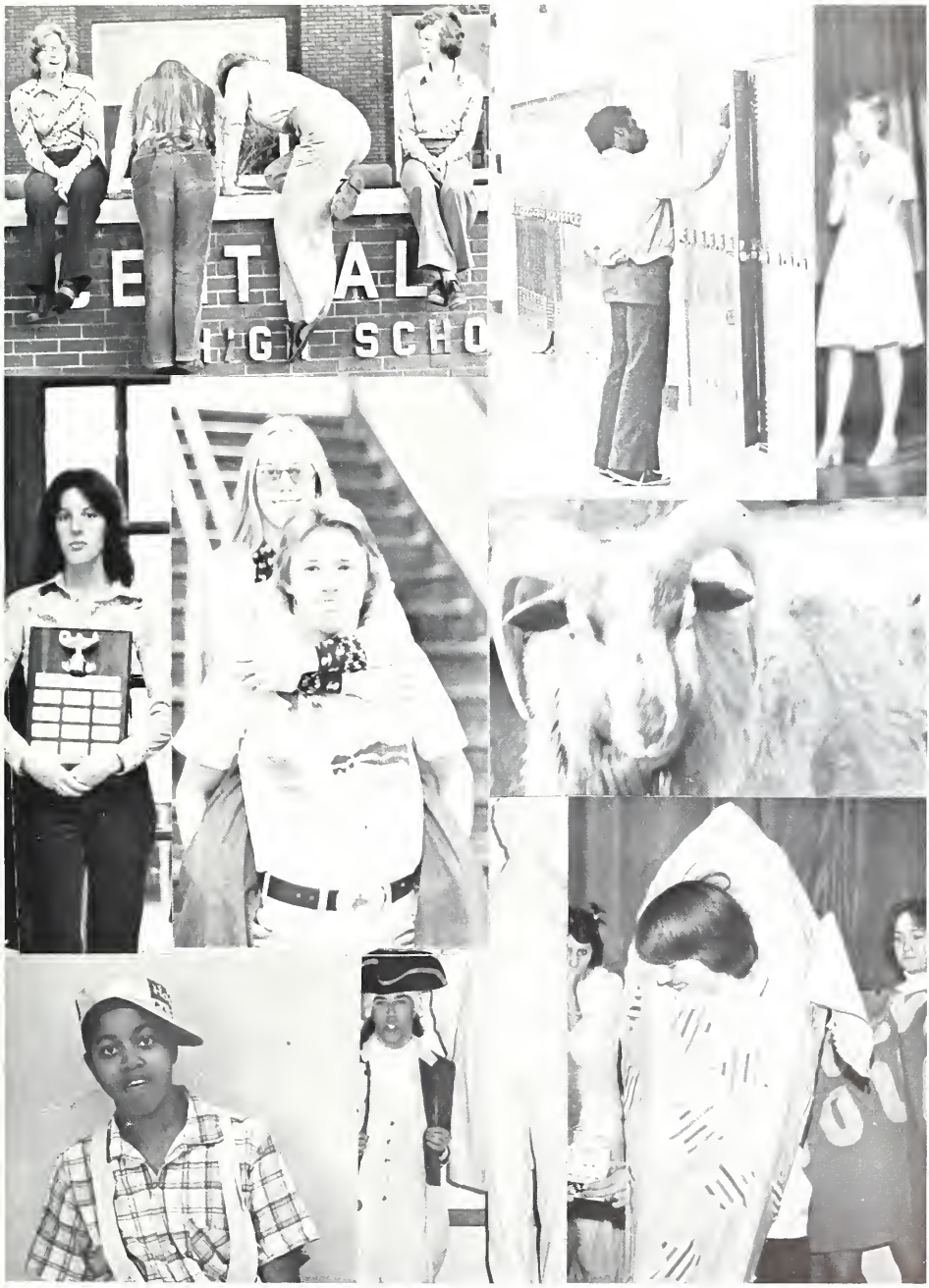
Through the years we've been touched by
many emotions, emotions felt by means
beyond explaining or expressing.

But now . . .

Somehow things are different
We now stand united, but yet,
As Individuals . . .
Awed . . .
Wordless and
Perhaps even afraid.

Our Brief encounters of tenderness and closeness
were good . . .
Those Moments soar,
into never abandoned
Eternity.

by: Chuck Tolhurst


E T AL
G SCHO

The Class Of 1976 Hails the 'Class' Of 1936

By Maury De Jonge

First Lady Betty Ford, a 1936 graduate of Central High School, will participate in the school's commencement exercises this June.

Word of Mrs. Ford's appearance was confirmed by her appointment secretary, Susan Porter, who told The Press that an official announcement is being prepared.

Central will hold its graduation exercises at 8 p.m. Monday, June 7, at the George W. Welsh Civic Auditorium, according to Paul Kelly, senior class president, and Jan D. Treur, senior class advisor.

Mrs. Ford will make remarks to the graduating class rather than deliver a formal address, Truer said.

In his letter to Mrs. Ford, Treur said that a $100 honorarium "has been established by the senior class for this purpose."

He noted that last summer The Press listed many illustrious alumni of Central, "including the late Sen. Arthur H. Vandenberg. We believe that some permanent recognition of the contributions and achievements of these alumni has merit. What form this recognition eventually will take has not yet been determined."

Treur wrote that the school wishes "to make a beginning by establishing a Distinguished Alumni Award, should you decide to accept our invitation.

"This would mean the installation of a plaque at Central High as well as the presentation of a plaque to you in recognition of the honor you have brought to Central High for you distinguished contributions as First Lady."

The letter was sent to Mrs. Ford March 4, and Treur received a telephone call from the White House Monday saying Mrs. Ford had accepted the invitation. A telephone call to Ms. Porter confirmed what Treur had been told.

Other distingushed alumni of the school include Constance Rourke, American biographer; Houston McBain, president of Marshall Field Co.; John B. Martin, Rhodes scholar, former Republican National Committeeman and former head of the President's Council on Aging.

Arnold Gingrich, founder and editor of Esquire Magazine; Willoughby Bouton, concert pianist; Seymour Beach Conger, foreign correspondent; Paul Goebel, former mayor of Grand Rapids and former member of the University of Michigan Board of Regents, and Roger B. Chaffee, astronaut, who was killed Jan. 27, 1967, in a fire that swept through the capsule of Apollo I in a flight drill.

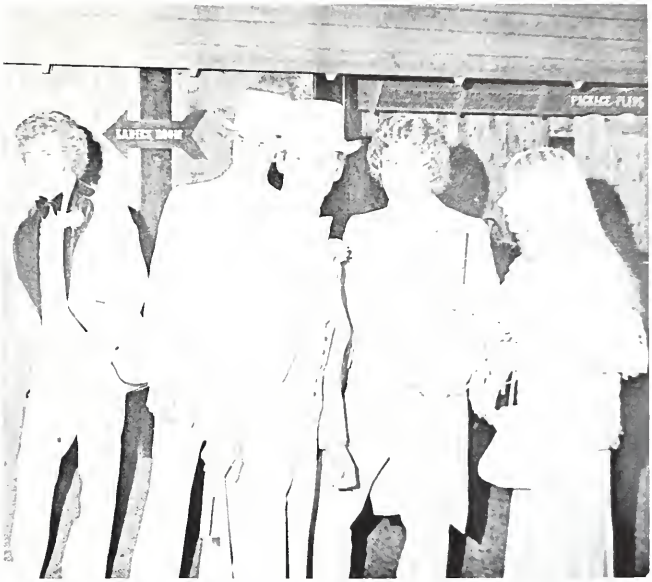
Admission to the commencement exercises probably will be by ticket only. Kelly said this may be necessary because of the crowd Mrs. Ford probably will attract and to eliminate disappointment on the part of relatives and friends of the graduating students.

It will be the first visit by Mrs. Ford to Grand Rapids since her husband became President.

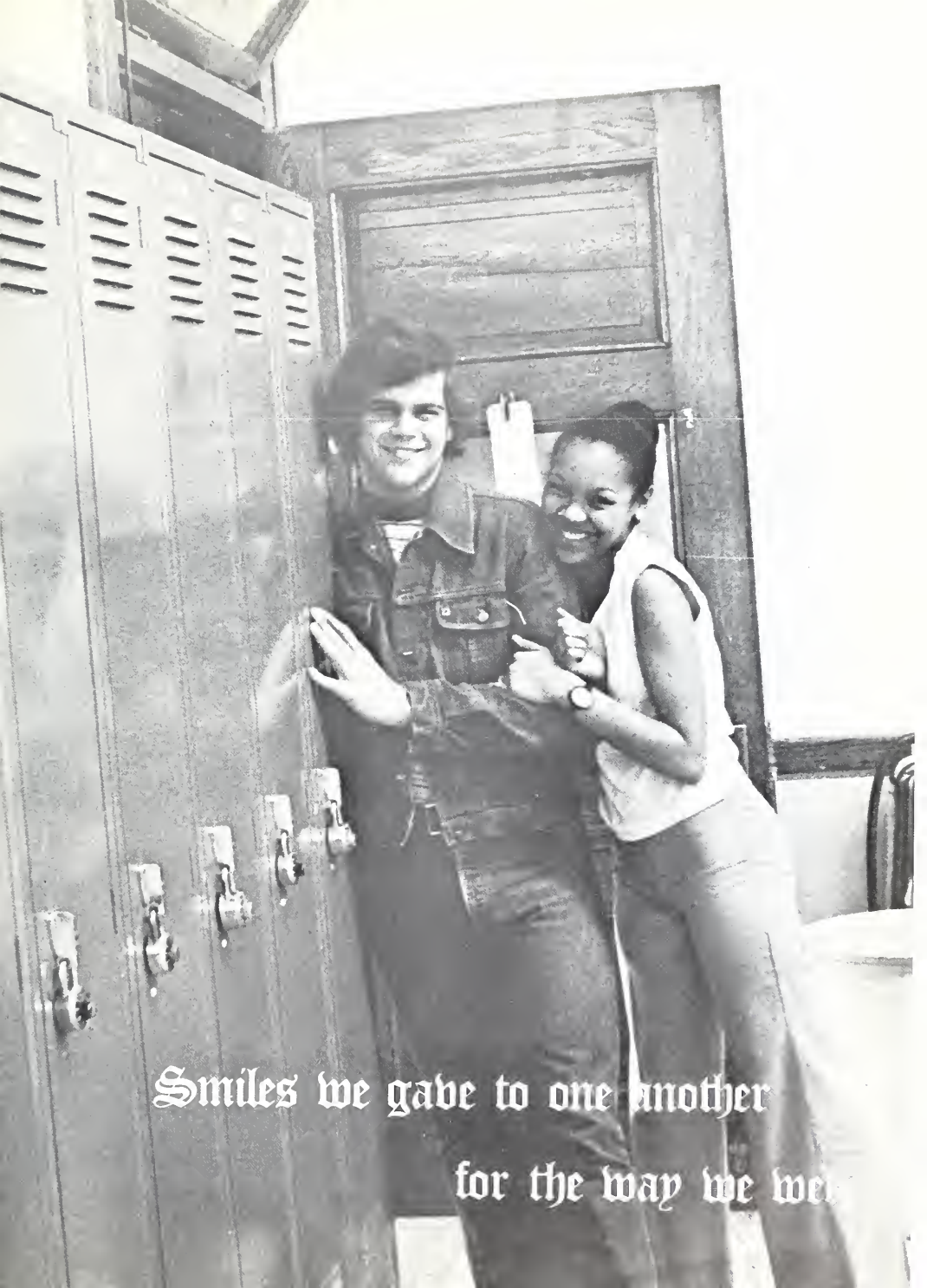
Courtesy of the Grand Rapids Press.

RAMS
RAMS

PROM 1976


LADIES ROOM

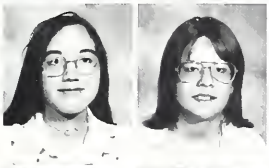
Underclassmen


Smiles we gave to one another
for the way we wer

Underclassmen

Robert Acosta
Michael Alexander
Roger Alighire
Sandy Allen
Lori Anderson

Tina Anderson
Scott Andrews
Janet Anes
Dianna Arndt
Rose Arizola



Nancy Arv
Julie Baas

Becky Bader
Dorothy Baily

Jan Baillargeon
Karyn Bakker
Janie Balder
Birthera Banks
Kelly Barcheski

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Greg Barney
Tim Barney
Ron Bartaway
Steve Bates

Joyce Beal
Julie Beckman

William Belbot
Alice Belcher
Kevin Belk
Marie Belts
Sue Bichler

Mike Birze
Bryan Blank
Jim Bleeker
Coral Blett

Bob Bodbyl
Ann Boddy
Bob Boggs
Dave Boelen
Cindy Bold
John Bole

Julie Boorsma
Jerald Bos
Laura Bosowski
Bonnie Boss
Cindy Boverhof
Dick Bouwhuis

Abdella Bowlson
Sue Box
Ray Boyd
Kim Brailey
Kathy Briel

Jack Britton
Lori Bruesch
John Budnick
Susan Buggs

Lynda Burgess
Richard Burgess
Robert Burton
Chuck Butkiewicz

Michael Buxton
Danny Caldwell
Lisa Campos
Rodney Ceancler

Ann Carey
Jim Carey
Dan Cash
Linda Chaffin

Pat Childs
Robin Childs
Wade Chilton
Chris Christman
Kathy Christman
Jackie Cole

Randy Cole
Randy Coleman
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Morris Conway
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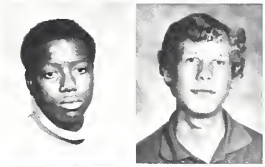
Diane Cross
Ortega Cruz
Teresa Curry



Edwin Daniels
Michael Daniels

Pam Danielson
John Davin

Laveta Davis
Lisa Davis
Lynette Davis
Jimmy Davis
Terri Davis
Connie Davison

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Dean DeKoster
Betty Deleon
John Delk
Marilyn DeMaagd
Mike DeMario

Kathy Demorest
Richard Denhof
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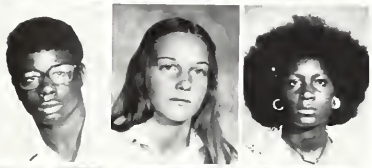
Vera Donk
David Dryer
Ruth Emaus

Loyd Ezell
Tammy Farwell
Rosie Figures



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James Firlik
Vera Fitzgibbon

Judy Floyd
Bob Fohlbrook
John Francis

Helen Freeman
Regina Gaines
John Galas

Janet Gardner
Janice Gardner
Sheila Gillespie
Marcos Gomez
Henry Gonzales
Chuck Goodell

Laura Goudzwaard
Tim Grable
Yvonne Greenman
Cheryl Griffin
Chris Grigware
John Grigware

Deb Groelsma
Janet Gimby
Jim Grudzinskas
Bao Ha
Margie Hall
John Hamelink

Bob Hamlett
Danirae Harris
Kevin Harris
Kirk Harris
Tommy Harwood
David Hatch

Joanne Heintz
Rafael Hernandez
Jodi Hill
Scott Hilton
Denise Hitchcock
Mark Heyboer

Ronnie Holten
Jean Hopkins
Debbie Howard

Mark Howard
Linda Hubcher
Chuck Hyde
JoAnne Jackson

Warren Jackson
Darnell James
Genice James
Vernell James

Patti Jarvis
Janette Jasinski
James Jauw

Bill Jenkins
Pam Jester
Dorothy Jimenez
Clifford Johnson
Dan Johnson
Fredrick Johnson

Janice Johnson
Lawrence Johnson
Robert Johnson
Steve Jolman
Josephine Jordan
Lola Jordan

John Karrip
Judy Kelley
Nancey Kelley
Diane Kelting
Chuck Kennedy

Calvin Kibler
Philotes Kish
Beth Kleersnyder
Virginia Kleiboer
Doug Klein

Robin Klunder
Donna Knight

Sue Knight
Greg Knipp
Brenda Kooienga
Robert Kozminski
Nancy Krasinski

Deborah Krug
Harry Kukawski
Paul Kuklewski
Frank Lafata
Dwagna Langston

Debra Larsen
Debra Lax

Donna Ledford
Debbie Lewis
James Lewis
Dorothy Likely
Sondra Lindsey

John Lockridge
Cindy Loper
Greg Loper
Linda Lyons
Mary MacDonald

John MacMillan
Betty Magnan
Jill MaLaney
Mike Main

Gary Malfroid
Carlyna Mansfield
Nina Marcinowski
Kevin Marion

Clarence Marvin
Deborah Marshall
Tina Martinez
Virginia Martinez

Patricia Mason
Sue Mast
Freddie Matthews
Anthony Mayberry

Joanna McAlpin
Richard McCauley
Steve McDonald
Craig McGee

Chris McGrouder
Brenda McKenzee
Kevin McKenna
Janet McKinney
Cindy McKoy

Ken McKoy
Colleen Mervou
Nancy Meuser
Mark Meyerholtz
JoMarie Michael
Monica Mieras

Bill Mikrut
Regina Millbrooks
Steve Miller
Thomas Minnewa

Laura Misiewicz
Margie Misiewicz
Mary Mockerman
Scott Mockerman
Martain Moerland
Debbie Monsalvo

Michael Moore
Vaukeita Moore
Larry Morgan
Angelo Morrow
Elizabeth Muck
Andrew Murphy

James Myaard
Shirley Nannaley
Charles Nelson

Dave Nelson
Karen Nelson
Marie Nelson
Brenda Nugent

Susan Olin
Cecil Oliver
Francisco Ontiveros
Cruz Ortega

Terri Osmun
Esmeralda Osornia
Bertha Paiz

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Mike Partridge
Larry Patten
Carlotta Patterson
David Paul
Robert Payne

Mike Peacock
Brenda Pearson
Julie Peck
Lee Perdue
Daniel Perrin
James Perry

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Mary Phillips
Sally Pienton
Ronald Pierson
Janiene Pine
Janet Piskun

Cindy Planck
Judy Planck
Toni Pond
Jane Popiel
Bruce Post
Frances Prawdzik

Sandi Prince
Lori Prins

Dave Puuci
Eric Purins

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Graydon Rawson
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Joe Reyna

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Debbie Rosloniec
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JoAnn Rummelt

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Arnie Ruperts
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Salvatore Russo

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Mariann Sawyer
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Cyril Scheer
Dan Schneider
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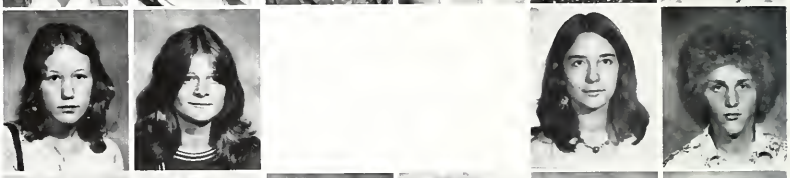
Raenelle Sinke
Bob Skibbe



Linda Slocum
Randy Slocum
Sherry Small
Barbara Smith
Edna Smith
Jeffery Smith

Kathy Smith
Larry Smith
Nate Smith
Starlene Smith
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Callie Spivey

Joe Staal
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Micheal Stanton

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Mary Steffens
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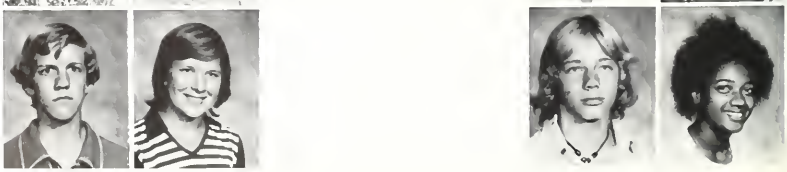
Joyce Stewart



Mary Stevens
Greg Stoken
Andy Stoutjesdyk
Lori Syrba

Stephen Szarkowski
Linda Taylor
Ruby Taylor
Val Taylor

Ricky Thomas
Vandette Thomas
Joseph Thompson
Steve Tomplins

Nauxon Trinh
Johnny Tylor
Larry Tyron
Heidi Uecker

Allan VanderMark
Kurt VanderMeer
Paul VanderMeulen
Mark VanderMyde

Dawn VanderPlogg
Denise VanDyke
Paula VanGorp
Wendy VanHaun

Tami VanZytveld
Neal Veneble
Connie Vert
Linda Vert
Pam Videau
Darlene VonAu

Eileen Wade
Kevin Wagenvelt
Fawn Waidelich
Ruth Walenga
Jeff Ward
Dan Weeks

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Steve Whip
Debbie White
Laurie Whitehouse
Thomas Whitfield
Bill Wiebenga

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Lasharon Williams
Naida Williams
Paul Williams
Sandra Williams

Tim Williams
Bob Winks
Jackie Whitherspoon

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Joseph Worst
Chris Yared
Penny Young

Connie Ypma
Christine Zarzecki
Linda Zarzecki
Barb Zemaitis

Ken Zuidewind
Andy Zusmanis
James Coates

Greg Adkinson
Howard Alexander
Johnie Allen
Johnnie Allen
Carolyn Alley
Hector Alvarez

Isidero Alvarez
Craig Anderson
Cynthia Anderson
Mark Anderson
Paula Anderson
Bruce Andrews

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Becky Arizola
Rodger Armock
Donna Arndt
Pat Ary

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Gloria Bailey

Chery Baker
Ken Baranowski

Frances Barathy
Mike Barney

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Earl Batenburg

Terry Bates
Pamela Battles

Art Bauman
Joan Beach
George Beatle
Ron Bechtel
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Michael Belcher

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Paul Bellgraph
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Julie Beltz
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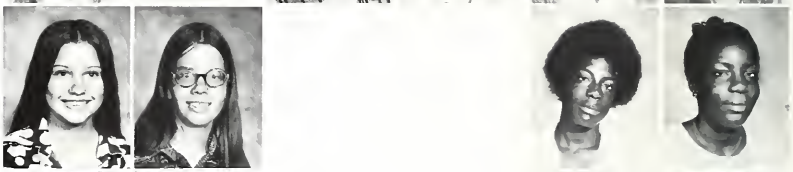

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Terry Bowerman

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Ralph Brawley
Ernest Brewster

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Roland Brookshire
David Brott
Jannie Brown
Mark Brown

Shirley Brownlee
Lea Bruesch
Lisa Buggs
David Burke
Babette Burrell
Lady Burrell

Ray Burrell
Sharon Burrows
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Cheryl Butler
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Ted Carson

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Rita Clark
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Teresa Cole
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Joni Cross
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Robert Curry

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Mark Daniels
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Regina Davis
Doug Decker

Mark DeGraff
Kim DeGraff
Denise DeKam
Lori DeMaagd
Brenda Demorest
Tim DenBoer

Mary Sue Denhof
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Robert DeDrick
Perry Dietrick
Patty Donnelly

Debra Douse
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Louis Dutmers
Ernestine Dykstra

Chris Eastman
Ladek Eaton
Maureen Eno
Briar Fallen
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Sheryl Faureau
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Richard Ferwerda
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Faith Flowers
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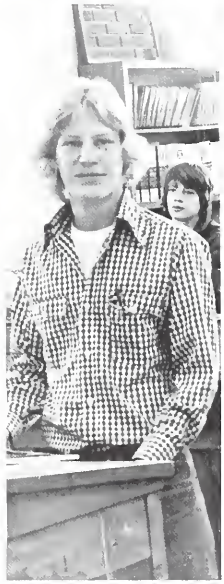

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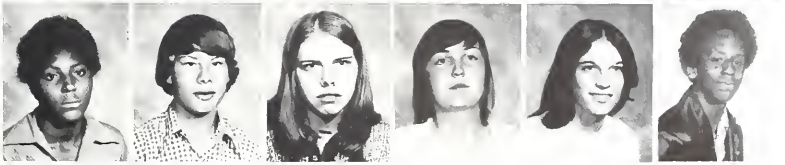

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Kelly Jeffries
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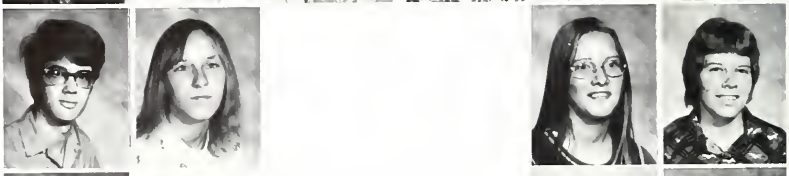

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George Likely
Hopie Lopez

Jean Loveland
Steve Lovely
Jewel Lyle
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David Lyttaker

Sandy Lyttaker
Melisa Mabin
Tammy McDonald
Cheryl Madges
Dawn Magoon

Carolyn Mahan
Lorrain Malecki
Barb Malfroid
Brian Malone
Dorothy Malone

Mary Marchiwkewicz
Carrie Marksian
Tony Martinez
Bonnie Martinez
Yvonne Martinez

Mark Marshall
Mark Marvin
Janet Mathis
Brenda Matthews
Venessa Matthews

Clinton Mayfield
Brian Mayo
Charles Mays
Kathy McCorriston

Molli McCorriston
Debbie McFeely
Kelly McGee
Betty McGurder
Paris McHerron
Robert McNairy

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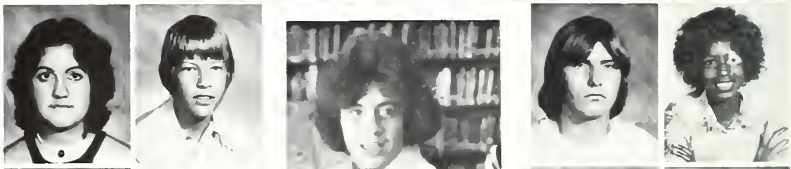

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Steve Miller

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Dave Mockerman
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Deborah Moore

Jackie Moore
Karen Moore
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Tony Moore
Albert Morgan
Andrea Morgan

Teresa Morgan
Timothy Morrow
Doris Mosely
Michael Mosely
Ray Mosely
Gary Mosher

Cliff Mosely
Joyce Murray
Mark Nagel
Marie Nelson
Roxane Nelson
Fred Neuman

Monica Newsome
Dan Nickerson
Sue Nolan
Michelle Nordyke
Miguel Noyola
Sheryl Obiedzinski

Chuck Olson
Tim O'Niell
Greg Osborn
Frank Osmolinski
Dan Pabon
Dave Pabon

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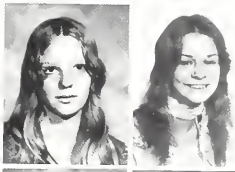

Carol Pierson
Diane Pifer

Richard Pifer
Kevin Pine

Erol Piskin
Vanessa Pittman
Brenda Plantenga
Rochella Polson

Beverly Potter
Rich Powers
Steve Prenger
Wendy Pressey

Mark Pulte
Jon Radeck
Rosendo Ramirez
Arturo Ramos
Kathy Ratcliffe
Robert Ratcliffe

Ron Regal
Patti Rempalski
Eli Pena
Cindy Reynolds
Shawn Reynolds
Felicia Rhodes

Rosalind Riggins
Don Riggs
Barbara Riley
Rhoda Riley
John Rinvelt
Michael Robinson

Patti Robertson
Robert Roelofs
Richard Rogers
Mike Ruiz
Dan Ryan
Kathy Samel

Gretta Sanders
Liz Sawle
Zack Sawmick
Jim Sayer

Jeff Schanphorri
Don Schimmell
John Schimmell
Joe Schneider

Mark Schoenborn
Ron Schollaart
Pam Schoonmaker
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Michael Scott
Dan Scribner

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Susan Shepard
Winkie Shepard
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Douglas Shoemaker
Gary Sietsma

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Louis Sinigos
Theresa Skendzel

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Dale Smith
Jimmy Smith

Penny Smith
Susan Smith
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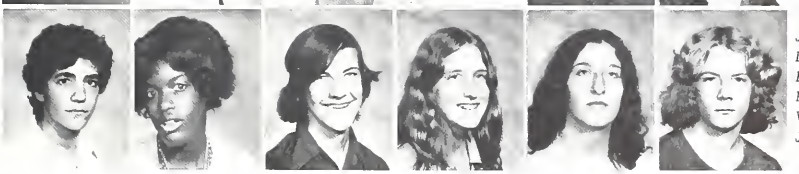

Jim Stamas
Linda Stamps
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Evelyn Steenhagen
Valerie Steinbrecher
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Dena Stegehuis
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Julie Stoken
Ted Stoken
Mary Stoner
Jo Anne Strong
Peggy Sutherlin

Catherine Swain
Chuck Sypytkowski
Patty Tarr
Donna Tatum

Gloria Taylor
Ali Thomas
Denise Thomas
Brian Timmer

Linda Tolliver
David Tomasik
Virginia Townsley
Laurie Tromp
Michael Tompkins

Wayne Toppel
Fred Trevino
Robert Tucker
Kenneth Turpeau

Jog Tuthill
Bryan Uecker
Judy Upton
Doug VandenBerg

John VandenBerg
Dianne VanderHoff
Ed VanLandingham
Vicki VanLandingham

Matt VanderMydd
Betsy VanderWoa
Dave VanPoortfliet
James VanOosten
Linda VanOrden
Jim Vaughn

Pete VanZytveld
Norm Vaughn
Gay Venable
Richard Wade
Cindy Wagemaker
Terri Walenga

Edward Walker
Efrem Walton

Maurice Walton
Sandra Ward
Cheryl Ward
Cheryl Ward

Tim Ward
Gina Ward
Hank Webber
James Webber

Lisa Welch
Lori Welch

Rick Westover
Duane Wheeler

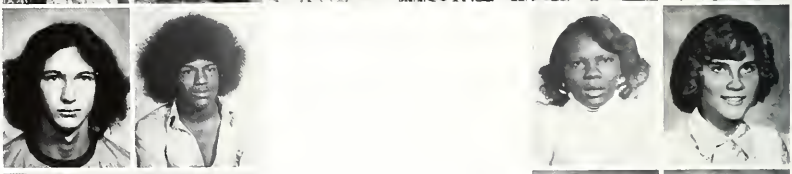
Joyce White
Johnny Whitfield

Shirley Whithe
Kathy Wieben
Wendy Wiggin
Ann Wilkening
Janet Williams
Mike Williams

Margie Williams
Marvin Williams
Tom Willingham
John Willner
Daane Wilson
Shirley Witherspoon

Debra Woodwyk
Kathy Woody
David Workman
Karin Worster
Arthur Wright

Joseph Wruk
Delbert Young
Valerie Young
Cheri Ypma



Chris Zaborski
Beth Zandee
Brooke Zandee
Mark Ziomkowski

Jenny Zukowski
Steve Zwier
Rhonda McLiechey
Rochelle Polson

Marvin Adkinson
Kathy Allen
Sandra Ames
Dan Anderson
Ed Anderson

Loyd Anderson
Mark Anderson
Laura Andrews
Dave Banaszak
Dru Banaszak

Karen Battles
Sharon Battles
Art Bauman
Carry Beach

Terry Beaty
Dan Bell
Scott Benson
Pamela Berciunas

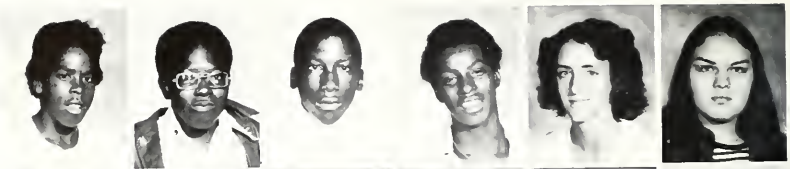
Robert Betts
Jeff Blank
Sarah Blunt
Jamie Boelens
Joann Boggs

Bill Boguslawski
Alex Bohatch
Rene Bohner
Michele Bonezyk

Russell Bono
W.T. Boyd
Dennis Boyle
Connie Braily

Sue Braun
Gary Britton
Carol Brookshire
Sandra Brookshire

Leon Brown
Eric Burrell
Lonnie Burrell
Vernon Buxton
Dena Campbell
Robin Canfield



Bambi Carey
Faye Carter
Kaye Carter
Debra Cheatham
Karen Christian
Richard Cole

Charles Cooley
Edward Conway
Linda Cross
Paul Cross
Donald Currie
Donna Curtis

Nancy Daniels
Rose Darling

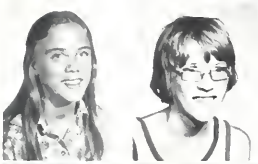
Dean Darren
Kim Davis

Laveta Davis
Lorraine Davis

Sharon Davis
Maureen DeBoer

Marty DeLoot
Janine Dennison

Walter Detz
Raymond Dewey
Mary Doltoske
Scott Dombrowski



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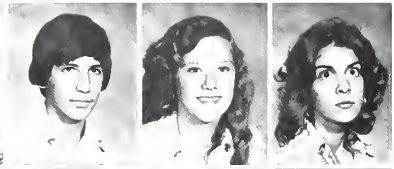
Ronald Dougherty
Marvin Douglas
Lynn Douse

Shelly Drew
Jerry Edson
Rick Eggleston
Regina Fairley
Kim Fedewa
Jim Ferrell



Greg Ferringa
Christina Fischer
John Foley
Peter Fotieo
Kelly French
Audrey Fritsch

Randy Galaszewski
Maria Gomez
Mark Gorospe
Steve Grinwis
Michelle Grogan
Theresa Grudzinskas

Vivian Grzeskowiak
Shirley Guyton
Scott Hansen
Terry Harvey
Mike Hatch
Theresa Hogerheide

Mike Howard
Mike Ickowski
Ken Idema
Lorraine Ivy

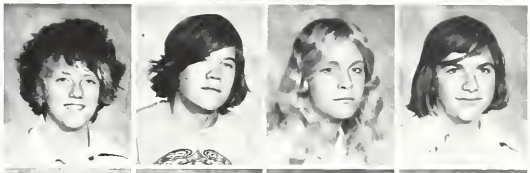
Joyce Jackson
Sheri Jolman
Mary Karston
Maria Katsampes

Peter Katsampes
George Khoury
Gerry King
Debbie Kish
Lisa Klomparens

Greg Kolenda
Karen Kolenda
Dean Koukios
David Kowal
Chris Kowalewski
Francis Kozminski

Bill Kramer
Ken Kramer
Ed Krey

Jenni Kammeraad
Randy LaCosse
Gloria Landstra
Mark Larsen

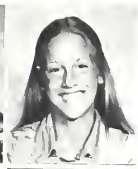


Allen Lay
Ken LeMieux
Debby Lint
Ruth Lubben

Rose Lynch
Mary Mabry
Judy Maciejewski

Theresa Maciejewski
Mike Malloy
Lawrence Mack
Chris Marlett
Jim McCarthy
Diane McConnaughey

Jalayne McDonnell
Bobbie McFarland
Hudson McGhee
Sharon McKnight
Barb McSauby
Ruthie McSwain



Bessie Melendez
Michelle Merdzinski
Kenneth Merryman
Connie Meidema

Becky Miller
Jim Miller
Nick Missad
Mark Mitchell

Deborah Moore
Donald Munn
Dan Murphy
Mary Nelson

Carol Neuman
Becky Newville
Lomentha Niblett
Leslie Osborn

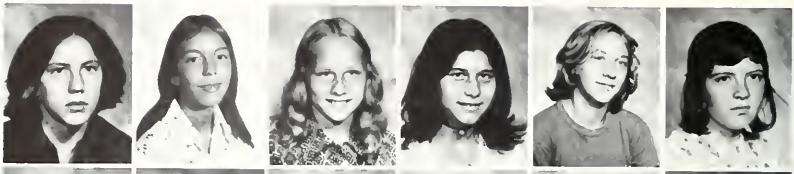
Kathi Paauwe
Stephan Palmer
Lourelle Peacock
Karen Pearson

Annette Phillips
Gregory Phillips
Kathy Planck
Chuck Prescott
Therese Prusinski

Randy Prude
Marie Pulte
Sandy Raphael
Randy Rauch
Willie Rauch
Kim Redder

Mike Reid
John Rittenhouse
Frank Rivera
Lisa Robinson

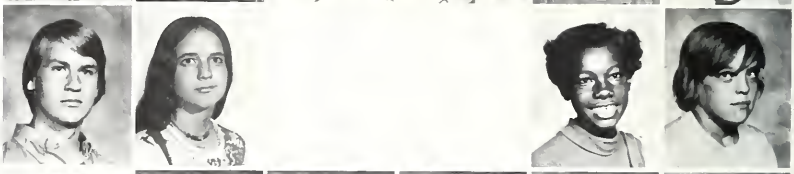
Hope Rodriguez
Kelth Rolfe
Carol Rood
Debbie Rozanski
Joe Rozegnal
Cheri Rungau



Mary Rusnell
Susie Ryan
Jon Rybski
David Rydell
Lennie Sallie
Dave Schensul

Mike Schneider
Debra Schouder
Diana Schuwab
Steve Shockenay
Jerry Scott
Keith Sivertsea

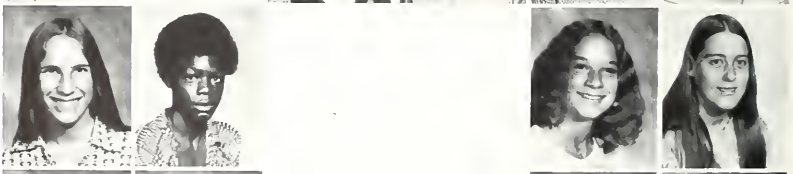
Tim Sleziak
Janice Slocum
Lavonda Stewart
James Stoken



Barb Stone
Alina Summers
Allen Summers
Louise Swisher
Kitty Szarkowski
Monica Taylor

Savannah Thompson
Vickie Thompson
Ed Thurkettle
Brian Toczydlowski
Donna Tomasik
Dawn Toppel

Lorraine Toppel
John Tyler
Carrie Urbanski
Alice VanderBand



Greg VandenBerg
Patrick VanderWeide
Randy VanDuinan
Beth VanDyke

Roger VanPopering
Rolando Vela

Joe Videan
Lisa Visser

Puru Voruganti
Terri Walker

John Whip
Cleo White
Wanda Wiggins
Cathy Williams

Cedric Williams
Jeff Williams
Sue Winks
Linn Witt

Marurite Wood
Donald Young

Nannette Zamarron
Melanie Zandbergen

Pam Zwier

We Were

Class Officers

Junior Class - Janette Jasinski (Vice Pres.), Tom Joyce (President), Becky Badeau (Secretary). Missing - Val Taylor (Treasurer).

Sophomore Class - Joe Reyna (President), Mary Heisterder (Vice Pres.), Barb Malfroid (Secretary), Jill Heintz (Treasurer).

School Life

So it's the laughter

We will remember

Could it Be Magic

Barb McIntyre, Yvonne Schaap, Debi Smith, Merri Jo Piette, Joanne Miggins, Marcia Boelens, Eddie Rucker, Delia Leal, (pictured below) Doris Nelson.

Miss Doris Nelson

Mr. Perrin presents Merri with the bouquet of roses.

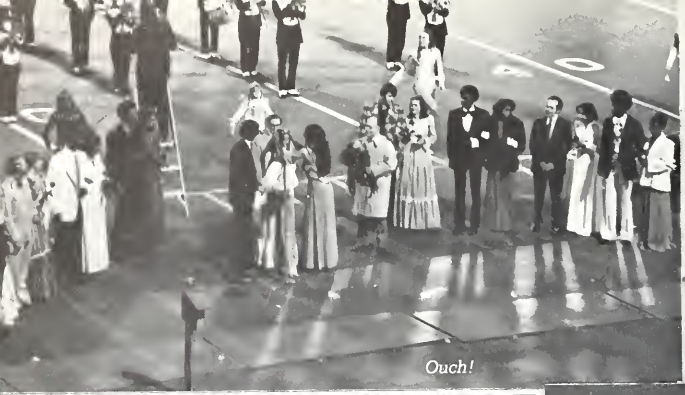
Homecoming

Mr. Perrin officially pronounces the Queen.

1975

The announcement of the 1975 court.

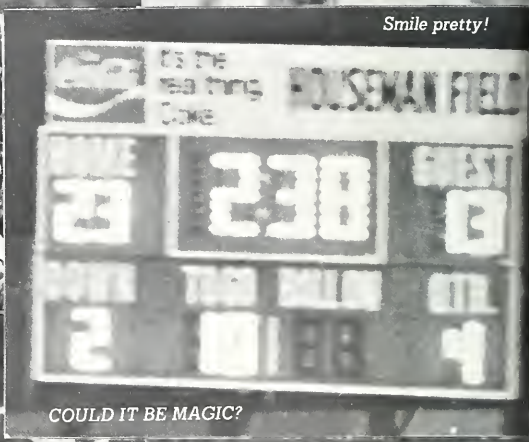
Barb, Yvonne and Debbi feel the magic in the air.



Ouch!

Smile pretty!

Ram fanfare where it's at!



COULD IT BE MAGIC?

Oh, Wes!

Who nose why we're here?

The 1975 Homecoming queen is .

Joe and Kathy prepare the Ram's victory feast!

You mean this isn't the Michigan St. bus?

There was magic in the air on October 11, when the Homecoming festivities for 1975 began. The festivities started with the traditional assembly and the announcement of the queen. That evening at the football game, during halftime, the floats and the court were presented to the entire student body and the queen was officially crowned by Mr. Perrin. Then to top off the beautiful evening, the Rams pulled through with our first Victory of the season over West Catholic. The score was a magical 23-13. Victory was celebrated the following night at the annual Homecoming Dance which was held at Northeast Junior High. This year's theme was "COULD IT BE MAGIC". It sure was!

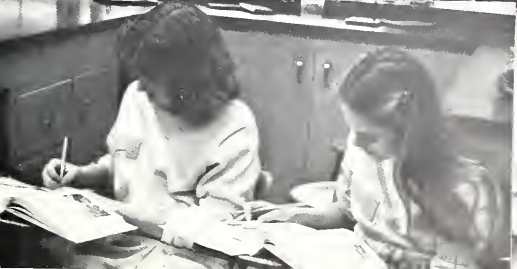
A lot of time and effort were poured into the production of the three floats. Everyone's appreciation goes out to the Ward's, Kelly's, Badeau's, and Reyna's for putting us all up and helping to make our 1975 Homecoming truly "Magic".

WEEEEEEEEEEEE!!!

WERE DYNAMITE!

go

WE'RE DYNAMITE!



One Flew Over the Cuckoo's Nest

John Bagby, Bob Roelofs, Kim Selbach, Sally Kingsnorth, Louis Sinigos, Phil Warn, Alice Blomeling, Gary Beckwith, Chris Zarzecki, Russ Bono, Jack Gibson, Wayne Zandbergen, Dave Nelson, Mike Headworth, Ralph Page, Kathy McConnaughy, Mary Steffens, Jeff Barton, Ingridia Kornets, Paul Kelly.

The class of 1976 presented their Senior play "One Flew Over the Cuckoo's Nest" on November 21 and 22. The play dealt with an institution for the insane and the true-to-life characters in it. The story revolved around McMurphy (Dave Nelson) who was out to reform the patients to the ways of real men. The only obstacle in McMurphy's way was the head nurse (Ingrida Kornets). The men finally realized that nurse Ratchett isn't exactly the sweet mother image they once thought. To make life more exciting, McMurphy brings in some of his old friends to entertain the guys. The play came to a dramatic ending as Chief Bromden puts McMurphy out of his misery by suffocating him.

The play was directed by Mr. Garbowitz with the help of Sally Kingsnorth and Bob Roelofs. Jack Gibson and Paul Kelly worked on the sets and Janet Ashley along with Kathy McConnauohey worked as the prompters. Everyone involved in the play put a great deal of time and effort into the production of it. Anyone who saw it would have to agree it was a fantastic production.

McMurphy looks a bit pail.

Chief Bromden standing on top of things.

Ahhh!

Don't say that this is the end!

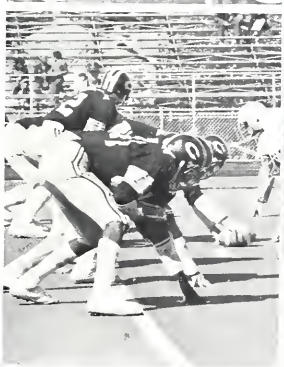
But I really gotta go!

The hospital in an uproar!

Candy makes McMurphy's life sweeter.

ZAP!

This is Bear Country !



Thirds?

Kim on K.P.

Mr. Lubbers enjoys his mole of COF_2E_2.

On March 16, the Senior class held a Faculty-Senior Potluck in the cafeteria. Although only a few people showed up for this special event, the ones who were present enjoyed themselves immensely. This was evident by the large amount of food and desserts which were consumed. The menu consisted of foods from countries such as Italy, Latvia, and Germany, and also some good American dishes. Hopefully, this will re-establish the traditional Senior Potluck.

SENIOR FACULTY POTLUCK

Eat every potatoe and pea on your plate!

Penny King and Queen

Skibbe and Val "Get Down".

Janette and John

Sherrie contributes to the Penny King and Queen elections.

On March 31, the Junior Class held elections for Penny King and Queen. This is an annual event with the Junior Class. Five guys and gals are nominated and they each have a decorated can for their copper votes. On April 2, the traditional dance was held for the announcing of the royal couple, Janette Jasinski and John Karrip. People congratulated the couple and really mint it.

Senior Dress-up Day

George Washington gets into the feeling of the bicentennial.

Senior Dress-Up Day, which took place on April 1, is the traditional way for Seniors to express their zany ideas. You may have sat next to George Washington, or may have been pursued by a three-headed candy bar, or possibly you had a traumatic experience with a werewolf. Whatever you experienced that day, it was proof of the ingenuity of the Class of "76".

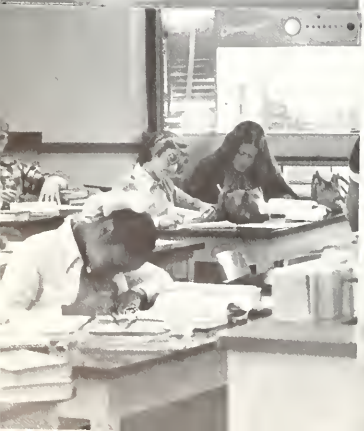
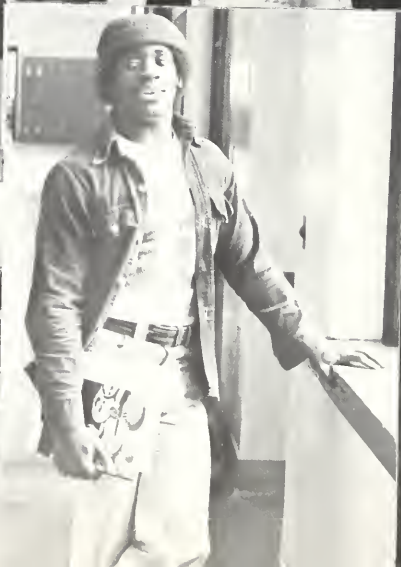
Brian and Lynn enjoy the dance.

Togetherness displayed by Sally and Mark.

A truly adorable couple.

Boy's Heaven

"Together", the theme for this year's Boys' Heaven dance, took place on February 21 at North East Junior High. Couples danced to the music of "Whisper" at the annual turnabout dance sponsored by the Student Council. The unique dance gives the women of Central a chance to show their liberation by financing the entire evening; also giving the men of Central a chance to be pampered and have an enchanting evening. All in all, the dance was a big success and everyone seemed to have a great time.

C-CLUB VS. FACULTY

On March 12, the C-Club challenged our male faculty to a rumble; in the form of a basketball game. The exciting event took place in the boys gym sixth hour. There was a good turn-out from the students as they all cheered on the C-Club to their defeat. The faculty was coached by Mr. Daining and the C-Club was coached by one "Freight-Train" (Robert Thomas). Despite the courageous efforts of the C-Club, the grueling faculty snuffed them out by a score of 44-39.

Bye Bye Birdie

" . . . bliss, kiss, what . . . is . . . your dentifrice."

"How lovely to be a woman."

"You gotta be sincere?"

What happens to a small midwestern town like Sweet Apple, Ohio, when the greatest rock star of the fifties comes for a special visit? A delightful musical takes place, that's what. Conrad Birdie (Louis Sinigos) was about to be drafted into the army, and his manager, Albert (Dave Nelson), and secretary, Rosie (Val Taylor), plan this wonderful publicity stunt involving a member of the Sweet Apple fan club, Kim (Chris Zarzecki), and the Ed Sullivan Show, and nothing works out as planned, of course. They all did live happily ever after, and so did the cast after two terrific performances of Bye Bye Birdie *were presented.*

"Don't worry, I'm only a mother."

". . . All American Boy."

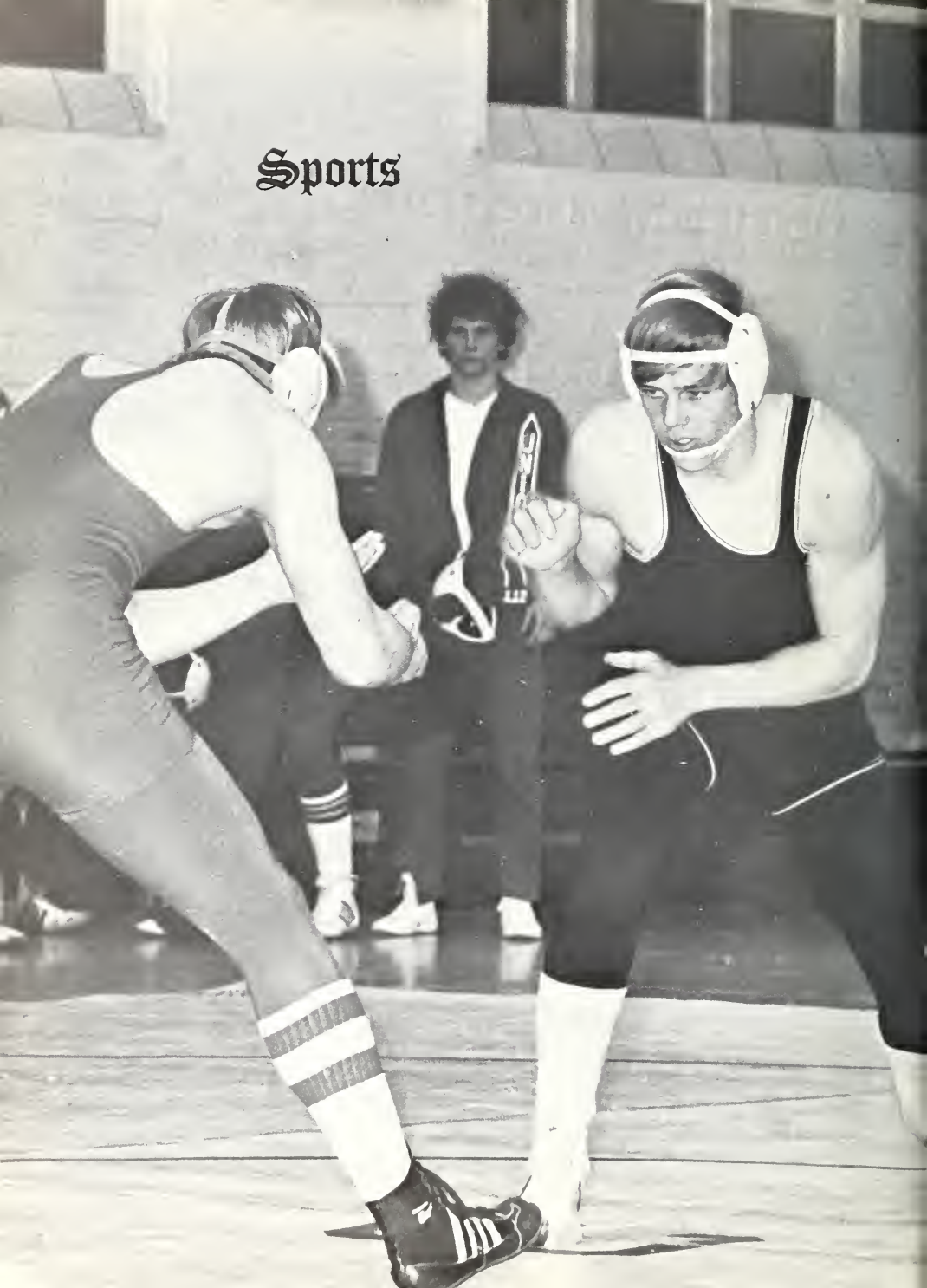
"Now listen here, this gossip must stop!"

"Baby, talk to me."

"We love you, Conrad!"

"Welcome to Sweet Apple, Mr. Birdie."

Sports

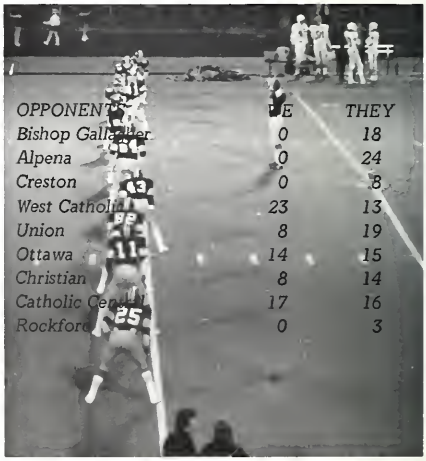


Can it be that it was all so simple then

Back Row (left to right): Tony Willis, Rocky Kitchen, Jim VanVliet, Dave VanHolstyn, Tim Enos, Casey Noordyke, Isreal Jones. Front Row (left to right): Terry Piette, J.C. Witfield, Ron Beards, Ron Jones, Robert Thomas, Don Serba, Sylvester Robinson, Brian Marion.

Senior Varsity Football

This year's Varsity Football team finished the year with an overall 2-7 record, with a 2-4 record good for 4th place in the City League. Despite the record, this year's team was the most competitive and exciting squad in the last few years. This team, which emphasized defense and starting as many as 18 underclassmen, played every opponent tough, losing several games in the last few minutes. Leaders of this year's team included All-City, All State First Teamer Robert "Freight Train" Thomas, called by many the best defense player in Grand Rapids in the last 20 years. All-City Center went to Jim VanVliet; Second Team All-City to Ron Jones with 961 yards, and Safety J.C. Whitfield. Other Seniors playing important roles included Quarterback Don Serba; Backs, Micheal Smith, Ron Beards, Tony Willis; Linemen, Rocky Kitchen, Brian Marion, Dave VanHolstyn and Terry Piette.



OPPONENT	WE	THEY
Bishop Gallagher	0	18
Alpena	0	24
Creston	0	8
West Catholic	23	13
Union	8	19
Ottawa	14	15
Christian	8	14
Catholic Central	17	16
Rockford	0	3

Back Row (left to right): Dan Caldwell, Gary Malfroid, Melvin Wilkens, Tom Reber, Darrel Ingram, Kirk Harris, Thomas Wittfield, Earl Hopewell, Micheal Alexander, Manager Kirk Beckman. Front Row (left to right): Neal Venable, Mike Frierson, John Karrip, Sam Russo, Robert Skibbe, Dick Bouwhuis, Arnold Ruperts, Mel Williams, Robert Acosta, Mark VanderMyde, Dennis White, Manager Steve McDonald.

Juniors

Next year's Rams return 19 major letter winners, and are determined to be a definite contender for the City Championship. Coach Jeltema states "We are very proud of this year's team and look forward to next year with high hopes. We are committed to bringing a Football Championship to Central in '76."

Coaches (left to right): Mr. Ranson, Head Coach Mr. Joe Jeltema, Mr. Hillary, Mr. Remenap.

(L to R): Ron Jones, Ron Beards and Mark VanderMyde.

First Row (seated) (left to right): Tim Sleziak, Joe Reyna, Wayne Toppel, Doug Vandenberg, Dave Pabon, Ken Baranowski, Dan Pabon, Johnny Whitfield, Jewel Lyle. Second Row (left to right): Chris Zarborski, Maurice Walton, Ruben Riley, Ron Schollart, Rick Westover, Rick Wade, Rick Fry, Bruce Andrews, Willie Cooley, Ted Stoken. Third Row (left to rigth): Robert Roelofs, Ernest Brewster, Doug Decker, Mitch Bullock, Jim VanOosten, Earl Batenburg, Matt VanderMyde, Tony Taft, Dave Strponovich.

Junior Varsity Football Team

This year's Junior Varsity Football squad finished ts season with a 1-6-1 record. Despite a losing record, he team gained the needed game experience and procured the knowledge and qualities that will allow many of them to advance to the Varsity level of play next fall. The Reserves played their best game against Union, a tied score until the closing seconds, when the team fell on a Union fumble to win 13-7. The Sophomores played good, rough football and are looking forward to a crack at next year's Varsity team.

OPPONENTS	*THEY*	*WE*
West Catholic	*46*	*0*
Creston	*13*	*7*
Christian	*0*	*0*
Union	*7*	*13*
West Catholic	*45*	*0*
Catholic Central	*21*	*6*
Ottawa	*14*	*0*
Rockford	*13*	*7*

First Row (seated) (left to right): Jon Taft, Tony Duchnowski, Jim Feringa, Leon Brown, Dennis Brown. Second Row (left to right): James Houston, Kelly Marion, Charles Cooley, Thaddeus Buggs, Gary Scheidel. Third Row (left to right): Coach Tom Jeltema, Dave Schensul, Carlton Brewster, Mitch Bakker, Lloyd Anderson, Jim Ferrell, Bill Boguslawski.

Freshman Football Team

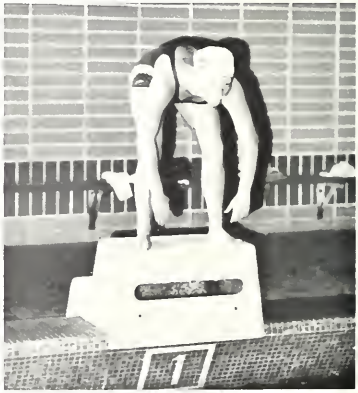
The Freshman Football team this season had a 3 win 4 loss record. A solid defense highlighted their season. The players worked hard on the basics and proper techniques of football to help them in their Varsity years. Many of the players will be a valuable assett to Central in the future.

OPPONENTS	*THEY*	*WE*
Northeast	*24*	*0*
Catholic Central	*24*	*0*
South Middle	*0*	*8*
Ottawa (N.)	*0*	*6*
Riverside	*46*	*0*
West Catholic	*14*	*6*
Ottawa (S.)	*12*	*20*

Back Row (left to right): Coach Tom McDermott, Annette Ernwall, Jan Miller, Yvonne Schaap, Karla Moelker, Jean Wilkening, Cindy Oom. Front Row (left to right): Asst. Coach Chris Ingram, Ruth Emaus, Holly Uecker, Sally Kingsnorth, Lynn Douse, Mary Nelson.

Girls' Varsity Swimming

The 75-76 Central Girl's Swim Team was the smallest since the beginning of competition four years ago. There were only 11 girls on the team, but they all were hard working. The overall record for the year was 0-6-0, but they really showed a lot of courage knowing the great odds against a small team having to compete against the larger teams. The highlight of the season was when Ruth Emaus set a new city league diving record, with a point total of 252.05. Ruth was awarded the Most Valuable Diver award. Yvonne Schaap was the high point getter in the 50 yd. and 100 yd. freestyle and was awarded the Most Valuable Swimmer Award. Jean Wilkening was elected Miss Inspiration and Holly Uecker got the Most Improved award. There will be 8 seniors graduating from the team this year, so Mr. McDermott hopes to see more girls out for swimming next season. Sophomore Jan Miller will be returning next year to swim the 200 yd. and 500 yd. freestyle; Lynn Douse and Mary Nelson will be returning next fall also.



Yvonne's determination showed in her swimming times.

Front Row (left to right): P. Scheidel, J. Vaughn, P. Ivy, D. James, E. Drew. Back Row (left to right): Coach Mr. Brown, M. Drew, R. Denhof, J. Despres.

Cross Country

The cross country team this year had a disappointing season as they lost all of their dual meets. The problem was a familiar one. There was one outstanding runner in Elmer Drew, but as there was no support, which is so necessary in cross country, the team had no victories. The team had only 2 seniors, Elmer Drew and Paul Ivy, so Mr. Brown is looking forward to a better season next year. Elmer Drew earned a position on the All-City team. He was the first Central runner to do so.

OPPONENTS	WE	THEY
Christian	43	19
Union	43	19
Creston	43	20
Ottawa	47	16
Catholic Central	42	20
West Catholic	43	20
Grand Haven	44	17
Fremont	45	17
Mona Shores	43	19

Elmer Drew runs to victory.

Front Row (left to right): Sarah Gooden, Melissa Mabin, Co-captain Sheila Gillespie, Denise Hitchcock, Angela Paul. Back Row (left to right): Sue Spielmaker, Heide Uecker, Captain Denise Butler, Julie Peck, Joyce Stewart, Coach Marsha Preston.

Girls' Varsity Basketball

Despite a new coach and lack of numbers on the Girl's Varsity Basketball team, the team had a few more spectators this year. The girls did not cause any major upsets, but with experience and self determination, they definitely give other city teams something to be concerned about next season.

The team is losing two Seniors this year. Senior Denise Butler, Captain, was the team's highest in scoring and assists. Denise's position will be difficult to replace. Senior Sarah Gooden could play any position on the floor with great skill. Sarah's skill along with her self determination will certainly be missed next year.

The addition of the Junior Varsity team to the Varsity team will show its benefits next year. There are many fine Junior Varsity players that will strengthen the Varsity team.

OPPONENTS	WE	THEY
Ottawa Hills	34	25
Creston	33	67
Catholic Central	40	48
Christian	43	61
Union	42	73
West Catholic	39	62
Ottawa	33	23
Creston	43	54
Catholic Central	50	34
Christian	52	67
Union	27	57
West Catholic	25	55

Front Row (left to right): Crystal Black, Nannette Zamarron, Carol Kehres, Monica Taylor. Back Row (left to right): Sue Krey, Julie Araway, Betsy VanderWaal. Andrea Morgan, Coach Jan Holland.

Girls' J.V. Basketball

This year's Junior Varsity Team was the first that Central has ever had. It was made up of Sophomores and Freshman girls to strengthen the forces. However, their win-loss record was not a truthful indication of their many achievements during the season. Each week they improved in skills, knowledge, and experience, and each player will be an asset to a future Varsity team. It is understood that many of the girls are going to a summer basketball camp to improve on their skills, so there should be a great improvement in the outcome of next season's game records.

Left to Right: Coach A. VanDop, Steve Spangler, Bob Winks, Harry Anastos, Brian Timmer, Dave Tomasik. Missing: Todd Schuhman, Dan Bell, Mark Mitchell, Gary Sietsema.

Boys' Golf

This was a year of learning and gaining experience for the boy's golf team. With the exception of Todd Schuhman and Harry Anastos, the rest of the team experienced competitive golf for the first time. In the Grandville Invitational, our team placed last of the 11 teams participating. Then in Regional playoffs at Hampshire C.C., our team was last of 20 in competition.

OPPONENTS	THEY	WE
Catholic Central	5	0
Creston	5	0
Union	5	0
Christian	5	0
Ottawa	5	0
West Catholic	5	0

Harry Anastos, in deep concentration, sets up for his swing at the ball.

Front Row (left to right): Sally Pienton, Valerie Taylor, Cindy Wagemaker, Linda Gills, Cheryl Klunder, Chris Yared. Back Row (left to right): Coach Mr. Spaan, Beth Miller, Kim Potter, Debbie Farwell, Ginger Kleiboer, Helen Wagemaker, Carolyn Sawle.

Girls' Tennis Team

In Dual competition the girl's tennis team completed the season with a 1-8 record. The All-City meet was held on October 14, and ended with the team taking 6th place. Carolyn Sawle won the City Championship in her flight-4-singles. The team did much better in the Class A Regional meet held in Holland on October 10, winning 7th place out of a total of twelve schools. The squad consisted of 12 girls: 3 seniors, 5 juniors and 4 sophomores.

(Left to Right): Beth Miller, Coach Mr. Spaan, Helen Wagemaker and Kim Potter.

Ruth Emaus demonstrates an approach to a dive.

Mark VanderMyde passes the ball to Ron Jones as Earl Hopewell and Gary Malfroid hold off the opposing team.

Harriers (left to right) Anne Despres, Mary Sue Denhof and Sue Despres cheered on the cross-country team through their entire season.

Mary Ann, the Varsity Cheerleaders' mascot, cheers on the basketball team.

Central's Cross Country Team starts off a meet with determination to defeat the opponent.

Patti Rempalski performs her talents on the "horse".

"Freight-Train" Thomas jumps against a West Catholic player, as Darrell Ingram waits for a chance at the ball.

Frank Ontiveros, goalee for Central's Hockey team, did a great job all season defending our goal net.

First Row (seated, left to right): Manager Willie Taylor, 31-Ron Beards. Second Row (left to right): 13-David Thompson, 23-Richard Naves, 45-Robert Thomas, 41-Russell Palson, 15-John Stubbs, 21-Mark VanDriel, 11-Russell Kelly. Third Row (left to right): 54-Melvin Wilkins, 51-Kevin Harris, 53-Jerome Barnes, 52-Jeff Cebelak, Coach Daining, 33-Darrell Ingram, 25-Larry Halsell.

Varsity Basketball

The 1975-76 Ram's Varsity Basketball team finished the season in fourth place with a 5-7 record and a 10-13 overall campaign. They split with each City League team except champion Union.

Highlights of the season included the thrilling 61-60 overtime victory against Ottawa Hills as Freight Train Thomas dropped in two pressure-packed free throws, and Richard Naves shot the twine for twenty-nine. In another great team effort, the Rams defeated high-scoring Creston 67-64 headed by Russell Kelly's 16 points and tough rebounding by Thomas, Jeff Cebelak, Mel Wilkins and Darrell Ingram. In a super defensive game, Central limited the usually high-flying Eagles of Christian to 58 points while scoring 62, paced by super Soph. Darrell Ingram's 22 points. Russell Kelley, Ron Beards and Richard Naves played a beautiful floor game in holding the Eagles. In the regular season finale, the Rams lost a heartbreaking overtime to Reeths Puffer 78-76, but the Hilltoppers knew they had come a long way and were ready to challenge the tournament opponents.

At the District tournament in Kentwood, the Rams went in as an outside chance and ended up in the Finals after defeating Grand Ledge (54-46), and in a clutch win defeating rival Ottawa (66-61). The loss to Creston (69-63) in the Finals was especially tough because the team played so well.

This year Honors went to Darrell Ingram. Ingram, the team's leading scorer, who made All-City, and to Robert Thomas and Richard Naves who made All-City Honorable Mention. Coach Daining expresses his appreciation to Coach Owens and his Sophomore Team for their 14-6 season and to Coach Mike Despres and his Freshman Team who dedicated their trophy-winning season in the memory of their former coach Fred Hoffert.

Russell Kelly with a jump shot.

Darrell Ingram fighting the tip.

Pressure free throw by Freight Train Thomas.

Front Row (left to right): Ray Burrell, Jeff Pirtle, Jewell Lyles, Willie Cooley, Donnell Little, Charles Ivy. Back Row (left to right): Maurice Walton, Ali Thomas, Mike Alexander, Q.T. McCrae, Ladell Eaton, Zack Harris, Brian Fallen.

J. V. Basketball

This year's J.V. Basketball team should bring a championship to Central High with a little luck and determination. This year's team was a good one, 14-6 for the year, and undefeated out of town. The group has been together for four years since the seventh grade. As Freshmen, they were 15-2, which adds up to a two-year record of 22-8, which is outstanding. Congratulations are also in order to Coach Owens who has done a fine job directing the talents of these young men. This year's awards voted by the team members are as follows: Co-captains Zack Harris and Jeff Pirtle, Most Improved Ali Thomas, Best Defense Fadell Eaton, Most Valuable Player Brian Fallen.

Coach Mr. William Owens

Front Row (left to right): Mitch Baker, Loydd Anderson, Raymond Dewey, Robert Bazan, Terry Rosyst, Tony Duchnowski, Stephan Palmer. Back Row (left to right): Carlton Brewster, Kelly Marion, Alan Cain, Cleo White, Charles Cooley, James Buggs, Thaddeus Buggs, Marvin Atkinson, Kelly Young.

Freshman Basketball

The Freshman Basketball season at Central was made up of hills and valleys. At seasons end they finally hit Pikes Peak by winning the City Class B Championship. Throughout the year they stayed close in every contest with the exception of 4 games, those games being against the so-called "powerhouses of the city."

It was a year of adjustment, maturing, and developing as basketball players as well as young men. The team showed vast improvements as the year went on, as indicated by their strong finish. Coach Mike DesPres states, "This group of guys are likeable and coachable, and will do a fine job representing Central's J.V. Basketball team next season.

City Tournament Class B
Central 65 – Ottawa 61
Central 64 – West Middle 38

Coach Mr. Mike DesPres

Front Row (left to right): Manager Joe VanHolstyn, Alex Fernandez, Mike Williams, Steve Lovely, Greg Stoken, Bob Skibbe, Rick Denhof, James Riggs. Back Row (left to right): Rick Fry, Steve Miller, Dave VanHolstyn, Gary Malfroid, Rick Nyenhuis, Bill Creager. Missing: Darnell James, Tony Taft, David Paul.

Varsity Wrestling

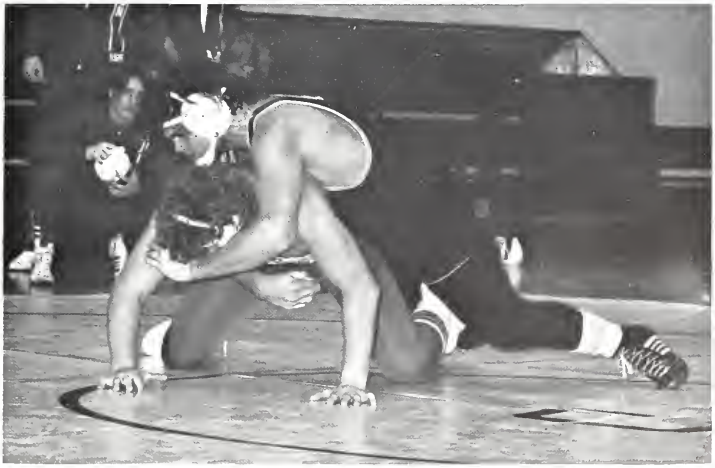
Central's Varsity Wrestling team had a 3-9 dual season this year, finishing last in both the League and City Meets. However, the prospects look good for next year as the team will only lose three Seniors, Dave VanHolstyn, Juan Martinez and J.C. Whitfield. Returning next year will be Juniors Gary Malfroid, Greg Stoken, Rich Denhof; Sophomores Rich Fry, Mike Williams and Dave Pabon. All were medal winners in the City Meet. Other returnees with 10 or more Varsity match experiences are Juniors Bob Skibbe, Bill Creager, Rick Nyenhuis, Darnell James, Alex Fernandez and Sophomore Steve Miller.

OPPONENTS	WE	THEY
Fruitport	16	54
Muskegon	24	39
Wayland	16	39
F.H. North	20	37
Creston	26	29
Ionia	30	35
Union	28	24
Catholic Central	12	48
Cadillac	48	17
Ottawa	17	33
Kelloggsville	39	21
West Catholic	14	43

Graduating Seniors: (left to right): J.C. Whitfield, Dave VanHolstyn, Juan Martinez.

Sr. Dave VanHolstyn, record 31-6-0, took 6th in State in the 185 wt. class; he was team Captain and was named Most Valuable. Dave holds 15 team records. His total career record is 73-20-1, and he's made 42 career pins.

Coach John Pellirito looks forward to next season.



Jr. Gary Malfroid, record 23-11-0. Gary's made 16 pins this season, and was a medalist in 5 tournaments. Here (above) Gary has his opponent in a cross-face hold.

Front Row (left to right): Dave Pabon, Abel Soto. Back Row (left to right): Jerry Cole, Coach Mr. Harry Kuipers, Dan Pabon. Missing: Coach Mr. Vree, Terry Thomas, Tony Taft.

J. V. Wrestling

Central's J.V. Wrestling team showed real determination this year, finishing with an impressive 10-1 record. This year's Reserves were highly competitive, shutting out two opponents. These tough Sophomores will make a fine contribution to next year's Varsity Wrestling team.

OPPONENTS	THEY	WE
F.H. Northern	18	36
Wayland	46	12
Ionia	12	27
Catholic Central	3	21
Union	0	30
Ottawa	6	18
Creston	18	21
Cadillac	0	9
Kelloggsville	3	24
West Catholic	3	21
Christian	16	21

Front Row (left to right): Gary Britton, Jim Stoken, Jon Taft. Back Row (left to right): Kevin Pearson, John Rybski, Paul Scheidel, Coach Mr. Harry Kuipers.

Freshman Wrestling Team

The freshman wrestling team had to go through the season with only six members as opposed to twelve members on a full team. Consequently, our record as a team was not very outstanding. As individuals, however, great effort was put forth during practice and competition. This effort was rewarded as Jim Stoken, the captain of the team, placed second in his weight class, (132 lbs.) and John Rybski placed third. The others John Taft, Paul Scheidel and Gary Britton did a fine job for the team. We hope to see these men wrestle for Central again next year.

TEAM PLAYER'S SCORES	*WINS*	*LOSSES*
Jim Stoken (2nd in City)	*8*	*1*
Gary Britton	*1*	*4*
Kevin Pearson (2nd in City)	*7*	*2*
Paul Scheidel	*1*	*8*
Jon Rybski (3rd in City)	*5*	*4*
Jon Taft	*3*	*3*

Top Row (left to right): Pat Baker, Debbie Meeuwsen, Linda Gills, Coach Mr. Ranson, Theresa Stanton, Beth Barile, Barb McIntyre. Bottom Row (left to right): Terri Majewski, Carrie Urbanski, Brooke Zandee, Lisa Welch, Sylvia Smith, Patti Rempalski, Beth Zandee.

Girls' Gymnastics Team

Another successful season for the '76 Gymies. This season was highlighted in the City Meet where the Central Gymnasts dominated the competition and took 11 of the possible 15 medals. The team was lead by Seniors Barb McIntyre, Theresa Stanton, Pat Baker, and Junior Beth Barile. All three Seniors qualified for the State Meet by placing in Regional; Pat Baker got 1st in Vault, Barb McIntyre was 5th on the Uneven Bars, and Theresa Stanton was 10th on the Uneven Bars. Next year promises to be an even better year With Captain Barb McIntyre turning over the team to next years Captain Beth Barile and many other promising gymnasts.

OPPONENTS	THEY	WE
St. John's	84	88
Ionia	71	88
Lowell	62.10	84.75
East G.R.	101.75	86
Rockford	83.55	87.75
Rogers	103.65	99.35
Christian	41.2	68
Creston	55.40	67.95
Ottawa	44.70	76.65
Union	54.20	65.15

Debbie Meeunsen (top, left) performing on the Uneven Bars, Barb McItyre (top, right) performing in a Floor Ex., Lisa Welch (bottom, left) on the Balance Beam, and Theresa Stanton (bottom, right) on the Uneven Bars.

DUAL MEET:

8 Wins – 2 loses
1st in City Duals
1st in City Meet
7th in Regionals
15th in State Finals

Front Row (left to right): Mark Mitchell, Greg Vandenberg, Frank Ontiveros, Jim McCarthy, John Vandenberg, Steve Green. Back Row (left to right): Mark Justema, Mark Vandermyde, Larry Patten, John Deering, Kevin Balczak, Dave Stepanovich, Coach Marty LeMonnier, Jerry McCarthy, Jeff Stepanovich, Don Serba, Chuck Patten. Missing: John Davin, Manager Cliff Worden.

Boy's Varsity Hockey Team

In their first year of hockey here at Central, the Rams made believers out of the non-believers. After an expected start during the first half of the season (1-7-1), the team began to operate as a well-seasoned unit. Climbing from last place, the Rams finished 2nd in the City division, and lost to Kenowa Hills in the finals of State Regionals.

Highlights of the year included the 1st shut-out by goalie Frank Ontiveros 6-0 against Christian, a 6 goal game by Mark Justema and an 8 point game by Jerry McCarthy (5 goals - 3 assists). Defense keyed the 2nd half surge led by the hard checking team of Don Serba and Jeff Stepanovich. Goal tending came on strong with Frank Ontiveros playing outstanding in the nets.

Returning lettermen Jim McCarthy, Jeff and Dave Stepanovich, Mark VanderMyde, Frank Ontiveros and John Vandenberg will be the key to next year's success.

Four players were elected to the City All-Star team: 1st Team - Mark Justema, Jerry McCarthy; Honorable Mention - Mark VanderMyde and Don Serba.

(L to R): Central's Jim McCarthy, Dave Stepanovich and Jerry McCarthy.

Top Row (left to right); Coach Tom McDermott, Wayne DeWitt, Wayne Toppel, Todd Teachout, Kirk Beckman, Bruce Emaus, Ron Uecker. Bottom Row (left to right): Mike Young, Randy VanDuinen, Kevin Pine, Gary Mosher, Randy Marshall, Jim Vaughn, Ron Bechtel.

Boys' Varsity Swim Team

The Central High's Boys' Swim Team won its first swim meet in four years defeating Calvin Christian 87-83. This was an important win for the team for it is a young team and one that will be using the new swimming pool at G.R.J.C. next year. Bruce Emaus had an outstanding year in diving by going undefeated in all meets and taking first place in the City Meet. Ron Uecker, Wayne DeWitt, Todd Teachout and Kirk Beckman all had a fine senior year with the team. Kevin Pine, Wayne Mosher, Ron Bechtel, Gary Mosher, Mike Young and Jim Vaughn all provided fine underclassmen depth. Mr. McDermott is looking forward to next season when the team moves into its new home pool at the outstanding facility at J.C., for it will give the students at Central a chance to have their own pool to practice in. The entire team is expressing the same sentiment — "Wait 'til next season."

Front Row (left to right): Bonnie Martinez, Ruth Emaus, Connie Mitchell, Melissa Mabin, Laurie Scharphorn, Sarah Gooden, Barb Riley. Back Row (left to right): Coach Miss Wiers, Joyce Stewart, Angela Paul, Denise Butler, Jean Wilkening, Mary Booker, Julie Peck, Tammy Farwell, Manager Ann Bonczak.

Girls' Volleyball Team

The 1976 Girl's Volleyball team won the City Championship for the third year in a row. They won 7 matches and lost only one in the city league. They defeated Kentwood for the right to go to the Regionals in Benton Harbor. There, they beat out Battle Creek Lakeview in the first match but lost to Niles in the second. However, on the whole, the season was yet another fantastic one with a season overall record of eleven wins and two losses.

OPPONENTS	THEY	WE
Creston	7,4	15,15
Ottawa	9,6	15,15
Union	9,16,6	14,14,15
Christian	19,5,5	17,15,15
Creston	7,15,13	15,12,15
Ottawa	9,13	15,15
Union	6,15	15,15
Christian	6,14,16	15,12,14
Rockford-Varsity	7,0	15,15
Rockford-J.V.	8,15,6	15,10,15
East Kentwood	11,6	15,15
Battle Creek Lakeview	3,11	15,15
Niles	15,15	3,11

Kneeling (left to right): Wade Chilton, Mike Young, Dave Rance, Frank Ontiveros, Mike Demario, Bill Burchard. Standing (left to right): Rocky Kitchen, Dave Hatch, Jim VanVliet, Tim Ward, Tom Reber, Ed Campbell, David Martin, Steve Whip, Mark Vandermyde, Bill Jenkins, Willie Taylor, Todd Schuhman, Robert Thomas, Mark Minnema, Jim Sayer. Missing: Ed Sayer.

Varsity Baseball

Central's Baseball prospects for 1976 look promising with a great many returning lettermen being the main reason for this optimism. The pitching of Jim VanVliet, Robert Thomas and Dave Rance gives the team a solid pitching trio that should provide the opposition with much to think about. Also returning are Bill Burchard, Mark Minnema, Rocky Kitchen, Tom Reber and Willy Taylor. With Mike Young returning to Central this year, Coach Duquette feels the team has a good, solid second baseman. Also Juniors Dave Hatch and Frank Ontiveros along with Mark Vandermyde have shown promise. Last year's team was weak defensively, and if they improve this part of their game, there should be a lot of wins chalked up by this year's Varsity Baseball team!

Coach Mr. David Duquette

Kneeling (left to right): Terry Bates, Ted Stoken, Dave Pabon, Jeff Scharphorn, Gary Mick, Steve Spangler, Dan Pabon. Standing, Middle (left to right): John Danick, Joe Golden, Bruce Andrews, Earl Batenbuig, Jim Stamas, Matt Vandermyde, Terry Bowerman, Jim VanOosten. Standing, Back (left to right): Chris Zaborski, Max Merryman, Jeff Stepanovich, Ron Schollaat, Greg Osborn, Chuck Sypkowski, Gary Sietsma. Missing: Michael Alexander.

J. V. Baseball

Hard work and enthusiasm has highlighted this year's Junior Varsity Baseball Team. A fast start this season has brought aspirations for a championship. The team members have been working on the skills of baseball so that they might contribute to the Varsity Team next year.

Early Season Scores

OPPONENTS	*THEY*	*WE*
Catholic Central	*3*	*7*
West Catholic	*5*	*3*
Ottawa	*5*	*6*
Union	*3*	*9*
Christian	*1*	*0*
Creston	*5*	*4*

Coach: Tom Jeltema

Kneeling (left to right): Joe Roezegnal, Don Curry, Dan Anderson, John Foley, Tony Duchnowski, Walt Detz. Standing (left to right): Ken Idema, Mike Reid, Ed Thurkettle, Rolando Vela, John Rybski, Jim Ferrel, Alex Bohatch, John Whip. Missing: Greg Vandenbery.

Freshman Baseball

With a turnout of fifteen candidates, another Freshman baseball season was launched under the first year coach Mr. Harvey. Although the young Rams have had limited success in the past, a successful season is anticipated.

Coach: Mr. Harvey

Kneeling (left to right): Jamie French, Cheryl Klunder, Tam Elders, Melissa Mabin, Laura Scharphorn. Standing (left to right): Head Coach Miss Wiers, Sarah Gooden, Melissa McVicar, Carol Kehres, Danirae Harris, Anne Bonczyk, Andrea Morgan, Heidi Uecker, Julie Peck, Karla Moelker, Jean Wilkening, Joyce Stewart, Ass't. Coach Miss Wierenga.

Girls' Softball Team

The 1976 Softball team had a slow start, losing their first two games. The highlight of the season was when the team had a 6-4 victory over West Catholic to end their winning streak. The first half of the season ended with 3 victories and 3 losses, but the last half should prove to be much better. The Seniors Tam Elders, Sarah Gooden, Karla Moelker and Jean Wilkening will certainly be missed next year.

First Row (seated, left to right): Willie Wair, Terry Thomas, Paul Ivy, Jim Gradzinskas, Ken McKoy, Mike Smith. Second Row (left to right): Jon Grigware, Jim Short, Carlton Withley, Sam Russo, Al Leal, Darnell James, Chris McGruder. Third Row (left to right): J.C. Whitfield, Gary Malfroid, Tim Eno, Earl Hopewell, Isreal Jones, David Paul, Ernest Brewster, Fred Matthews. Missing: Elmer Drew, Mark Drew, Tony Davis, Darryl Ingram.

Boy's Varsity Track Team

The 1976 Varsity Track team lacks great numbers, but filled with great spirit and competitiveness is looking forward to a successful season. The team is lead by Senior stand-outs: Michael Smith, Paul Ivy, Elmer Drew, Carlton Withley, Jim Short and Isreal Jones; Juniors: Gary Malfroid and Chris McGruder, and Sophomore sensation Terry Thomas. These players should be a contributing force in the City League race this year, predicted by Coach Joe Jeltema.

Coaches: Bill Church (left) and Joe Jeltema (right).

Kneeling: C. Cooley. Standing (left to right): M. Bakker, K. Marion, P. Scheidel, J. Buggs, C. Brewster. Missing: M. Adkinson, B. Boguslowski, L. Anderson.

Freshman Track

This year's Freshman Track Team was rather small, but had some excellent talent. Some of the better performers were Carlton Brewster in the 440 and 220 races, Paul Scheidel in the mile, and Kelly Marion in the hurdles. All of the freshmen should be a welcome addition to the Varsity Track Team next year.

Coach: Mr. Brown

First Row (seated, left to right): Sheri Jolman, Crystal Black, Barb Stone, Cindy McKoy, Monica Taylor, Pam Battles, Judy Maciejewski. Second Row (left to right): Angela Paul, Sue Mast, Vicki Thompson, Deb Parish, Deborah Garmon, Nora Johnson. Third Row (left to right): Asst. Coach Miss Mayhew, Coach Miss Preston, Betsy VanderWaal, Bonnie Martinez, Michelle Gummere, JoAnn Heintz, Annette Phillips, Jackie Moore, Cindy Oom, Manager Jill Heintz.

Girls' Track Team

The Varsity Track team this year had some outstanding individuals. However, any coach would classify the 1976 season as "a building year" due to the fact that 75% of the team consisted of Freshmen and Sophomores, with only four Seniors: Deb Parish, Deborah Garmon, Cindy Oom and Tena Haner. The talent and desire to win of the team members portrays a very positive attitude towards next season.

Front Row (left to right): Coach Mr. Spaan, Tim Chasseur, Pete Katsampes, Dean Koukios, Duy Tran, Chuck Kennedy, Joe Videan, Pete Fotieo, Tom Joyce. Back Row (left to right): Jim Brechting, Eric Purins, Jim Myaard, Mike Birze, Bruce Benson, Louis Sinigos, Dave VanHolstyn, Jeff Cebelak.

Boys' Tennis

The Boy's Tennis team on balance this year, is stronger than last year with the late addition of their first Vietnamese Varsity player, Duy Tran. Seniors returning for the third year are Jim Brechting, Jeff Cebelak, Tim Chasseur and Dave VanHolstyn. All are playing singles. In doubles, Coach Spaan expects to use Mike Birze, Bruce Benson, Tom Joyce, Chuck Kennedy, Jim Myaard and Eric Purins, all of whom are returning for their second year. New members are Pete Fotieo, Pete Katsampes, Dean Kuokios, Joe Videan and Louis Sinigos.

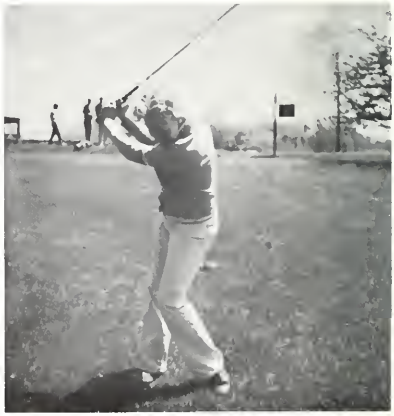
The team has good morale, and every player works hard and is cooperative. This year for the first time, there will be a Most Valuable Player Award and a Most Improved Player Award given out at the end of the season.

Senior: Dave VanHolstyn

Left to Right: Carol Hankiewicz, Annette Ernwall, Barb Riley, Mary Steffens, Chris Yared, Dawn VanderPloeg, Coach Mr. Luebke.

Girls' Golf

The Girl's Golf team had an exciting season this year, upsetting Christian the defending champion. There was a lot of good improvement by the members of last years team, Seniors Carol Hankiewicz, and Annette Ernwall; Juniors Dawn Vanderploeg, Mary Steffens, and Chris Yared; plus newcomers Sophomores Barb Riley, and Sara Meussen lead the team to a successful season. Another highlight to the season was when the team defeated Union with an outstanding score of 5-0.



Dawn VanderPloeg getting teed off.

Central's Athletic Director: Mr. James Schultz

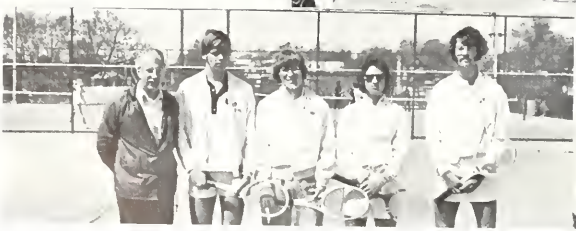
Karen Boguslawoski and Barb Malfroid volunteered their help in the Athletic Office.

Athletic Staff

Credit should be given to Mr. Schultz our Athletic Director, for the work he has done in organizing the various sports functions of the school. Mr. Schultz supervised over the athletic activities through the year and has graciously devoted his time to helping student body involved with sports. Mr. Abbott should also be acknowledged for the work he does in selling insurance to the athletic participants, and organizing preseason physicals.

Karen Boguslawski and Barb Malfroid should be credited for their volunteer work in the athletic office. They have given generously of their time in selling tickets for the games and keeping the records, files of the athletes in order, and posting the sports schedules in the main hall.

SPORTS ACTION



54
RAMS
5
RAMS
CENTRAL

Organizations

Scattered pictures
Of the smiles we left behind

The ram is a strong, fine animal, technically known as the Ovis Canadensis, Rocky Mountain Sheep, or the Bighorn. The ram is a large mammal, weighing up to three-hundred pounds and standing three and a half feet at the shoulder. The most noted characteristic of the ram is his pair of horns. The recorded length of the longest horns is forty-nine inches - this is almost two complete turns. With keen sense of smell and hearing, it is almost impossible to sneak up on the ram. But when confronted, he will fight to the finish.

Rams

1st Row: Kitty Syarkouski, Kim Fedewa. 2nd Row: Marie Pulte, Kathy Allen. 3rd Row: Jamie Boelens, Perry Donnelly, Loreaine Toppel.

Freshman Cheerleaders

The Freshmen cheerleaders are a credit to their class. The ninth grade is the smallest class in the school, but spirit-wise, the cheerleaders make up for the deficiency. Though they get little support or recognition from the rest of the school, they deserve a thanks for their contribution to the spirit and successes of our Freshmen sports program.

Tammy Boorsma, Patty Rempulski, Lisa Welch, Sylvia Smith, Connie Mitchell, Barb Malfroid, Teresa Cole, Sue Feringa, Sandra Jasinski, Beth Semeyn.

J. V. Cheerleaders

The 1975-76 Junior Varsity cheerleaders are a great little group. This summer, along with practice, they sponsored car washes and a leap-a-thon to raise money for camp. When they got to camp, these spirited young lasses took three second place ribbons in competition and shared honors with the Varsity squad in three spirit awards.

Sponsor: Miss Pat Baker

1st Row: Lisa Wood, Marcia Boelens, Lori Prins, Doris Nelson.
2nd Row: Beth Barile, Julie Beckman, Merri Piette, Sally Kingsnorth.

Varsity Cheerleaders

The 1975-76 Varsity cheerleaders are a commendable lot. Through losing seasons, rain, and empty bleachers they kept up their spirit and enthusiasm when no one else had. At summer camp they took two first places and one second in competition and took the three top spirit awards with the help of the J.V. squad.

1st Row: (Officers) Mary Steffens, Jill Heintz, Marilyn DeMaagd, Mary Hieshetter.
2nd Row: Mike Schneider, Laura Andrews, Louis Sinigos, Tim Hatch, Heidi Uecker.
3rd Row: Robert Fohlbrook, Mark Nagel, Joe Thompson, Arnie Ruperts, Holly Uecker, Cindy Oom, Joanne Rummelt, Sponsor Mr. Kuipers.
4th Row: Scott Andrews, Tom Bigelow, Wally Zusmanis.

German Club

The German Club has about twenty members who have been quite active this school year. A trip to Frankenmuth, Michigan was made in the fall of 1975-76 school year for ten of Central's German students. Money was raised throughout the year by the sale of candy. The profits from these sales were used for various purposes, one of which was a Christmas party featuring German food. In an effort to make this course as relevant and realistic as possible, a number of second year students plan to teach German at an elementary school level for one-half hour each week. The informal discussions and extra curricular activities have created a feeling of "togetherness" and a relaxed atmosphere in class.

1st Row: Angela Paul, Tom Joyce, Neil Venable, Denise VanDyke, Julie Lemcool, Ginger Klieboer. 2nd Row: Mrs. Leslie (sponsor), Steve Miller, Dan Cash, Russ Bono, Bob Rohlofs. 3rd Row: Bruce Benson, Thomas Whitfield, Jeff Stephanvich, Inga Kornets, Tom Reber, Dave Pucce.

Latin Club

The Latin Club is a group of students whose objective is to learn more about the culture and life of Latin-speaking people. This year's club was active in candy sales and other various money-making projects. Mrs. Leslie is their sponsor and advisor.

1st Row: Holly Uecker, Carol Hankiewicz, Debbie Meeusen, Chris Yared, Dawn VanderPloeg, Linda Zarzecki, Carolyn Sawle, Becky Badeau, Sponsor Ms. Sikkema. 2nd Row: Karla Moelker, Ruth Emaus, Kim Selbach, Sally Kingsnorth, Cindy Oom, Tammy Farwell, Nina Marcinowski, Mary Steffens, Jean Wilkening.

Agona

Agona is a group of girls chosen by the old members that meet the requirements of carrying a 3.0 grade point average, and possessing a major letter or having been in GRA for one full year. These girls must also be socially active. The club holds meetings at each other's homes, where they have small buffets together in a relaxed atmosphere to discuss various projects. Candy sales and other activities help to earn money. The money the club has earned currently is to be used to purchase a record case for girls' sports. The members also vote on a senior of the club who will receive a scholarship going towards college. Other activities engaged in are donations to the Santa Claus girls and collections of food to give to needy families during the holidays.

Carol Hankiewicz (Treasurer), Cindy Oom (Secretary), Jean Wilkine (Vice-President), Debbie Meusen (President).

All the comforts of home.

I Gotta be me!

1st Row: Cheryl Faasse, Sally Kingsnorth, Merri Piette, Kim Selbach, Debbie Meeusen, Cherylou Sargent, Inga Kornets, Julie Lemcool. 2nd Row: Jeff Cebelak, Carol Faasse, Jean Wilkine, Karla Moelker, Karen Bofuslawski, Dorcus Heinz, Barb Ward, Tim Chasseur. 3rd Row: Becky Green, Sandy Alyea, Arnold Ruperts, Sue Dryer, John Cash, Charles Patten. 4th Row: Beth Miller, Carol Rittenhouse, Kathy Patterson, Chuck Tolhurst, Paul Kelly.

Officers (left to right): Pres. Cheryl Faasse, Vice-Pres. Tim Chasseur, Sec. Kim Selbach. (Missing, Noreen Palumbo, Treas.)

National Honor Society

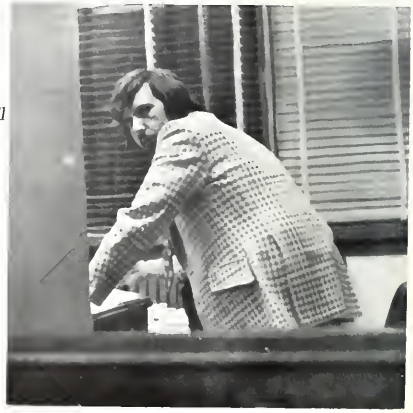
The National Honor Society is made up of those seniors who have accomplished high academic achievement throughout their high school years. They hold candy sales and other money-making activities during the year. They are known for the services they render to the community. Their advisor is Miss Schriber.

Joe
Jeltema

1st Row: S. Roselonic, T. Nelson, B. Semeyn, D. Smith, P. Rempulski, S. Smith, E. Weber. 2nd Row: L. Anderson, J. Michaels, P. VanGorp, T. Farwell, J. Heintz, P. Thompson, S. Sylvia, E. Rucker. 3rd Row: L. Prins, J. Beckman, P. Dertien, M. Steffens, L. Merdzinski, L. Garfield, J. Jauw, I. Kornets, S. Kingsworth.

Student Council

This year's student council was the best it's been in a while. We had much student participation, which helped for a successful year. Besides sponsoring the traditional Boy's Heaven, the council also helped out with the fight against muscular dystrophy by collecting money on St. Patrick's Day. In order to revive school pride, a special research committee spent a lot of spare time looking up old facts about our school and its history.



1st Row: Sue Sylvia, Jan Doran, Laura Garfield, Debbie Scott, Shelley Merdzinski. 2nd Row: Ellen Weber, Jayne Johnson, Terri Nelson, Liz Merdzinski, Sue Rosloniec. 3rd Row: Pat Dertien, Lori Prins, Lori Anderson, Julie Beckman, JoMarie Michaels. 4th Row: Terri Putnam, Carol Waem.

Pep Club

While attending a school sports function, did you ever look around you and wonder where all those signs came from? Or did you ever try to find out who those people sitting in the front row at the pep assemblies yelling their heads off were? This is the Pep Club. They spend a great deal of their time boosting school spirit and supporting our athletic teams. These people did a great job this year, and Mr. Merizon was a good influence as their advisor.

Student Advisory Council

1st Row: Vincent Lewis, Ronnie Beards, Tom Joyce, James Jauw, Dawn VanderPloeg.
2nd Row: Martha Reyna, Doris Nelson, Dave Nelson, Sally Kingsnorth, Cotty Whittley, Marcia Boelens.

The Student Advisory Council (S.A.C.) is a council comprised of students from every grade and is headed by Mr. Perrin. The main purpose of the S.A.C. is to represent the entire student body in school relating matters. The S.A.C. was involved in the annual student exchange day. The council also was in charge of an office where students who were having problems could go to the room and talk to people their own age, who could be their voice to the administration.

1st Row: Cindy Oom, Cherylou Sargent, Chuck Tolhurst, Carol Faasse, Jerry Bostelaar, Barb Ward.
2nd Row: Sue Dryer, Sue Rosloniec, Jean Wilkine, Martha Reyna, Kim Potter, Beth Miller.
3rd Row: Kathy Patterson, Jeff Cebelak, Paul Kelly, Tim Chasseur, Advisor Mr. Treur.

Senior Ushers

Our Senior Ushers are a great bunch of kids specially selected to guide people to their seats at all school functions held in our auditorium. Some of these activities include school plays, concerts and pep assemblies. Their sponsor and advisor is Mr. Jan Truer.

Head Ushers: Barb and Jerry

Senior Band

Many people have the idea that our senior band are those individuals who play the national anthem before football games and march at halftime. Well, they are! But they are also much more. They have done such things as playing at Woodland Mall and marching in parades. They are a great group and it is a pleasure to listen to them.

Director: Mr. Knowles

Junior Choir

1st Row: Cathy Fingleton, Donnell Little, Michael Frierson, Crystal Black, Jean Wood, Mary Wardell, Linda Vert. 2nd Row: Adnan Brown, Rodney McKenfry, Dawn Harris, Angela Jones, Gloria Hill, Judy Howe, Sandra Allen. 3rd Row: Les Belbot, Connie Meidema, Carolyn Mahen, Alice Hunter, Liz Ray, Cheryl Madges, Linda VanOrden, Gay Venable. 4th Row: Debbie Miggins, Debbie LaValley, Teresa Morgan, Barb Holt, Frances Berethy, Cathy Swain, Mary Jenkins, Deeta Look.

1st Row: Tina Anderson, Cheri Ypma, Marjorie Huddleston, Debbie McGee, Susan Nolan, Debbie Larsen, Kathy McConnaughey. 2nd Row: Cynthia Reynolds, Debbie Schrouder, Tamme Boorsma, Lea Bruesch, Tina Dykstra, Chris McGruder. 3rd Row: Janet Gardiner, Danirae Harris, Sophia Akridge, Jackie Cole, David Schmitzer. 4th Row: Birtha Alexander, Annie White, Rochelle Polson, Carrie Braun, Liz Chesbro, Val Steinbrecher, Joyce Robinson, Denise Thomas.

Senior Choir

(Left to Right, Back to Front): Nancy Hastings, Margie Misiewicz, Debbie Palmer, Tena Haner, Debbie Howard, Becky Badeau, Cruz Ortega, Debbie Dunstan, Janet Ashley, Anne Carey, Nancy Meuser, Janet Anes, Annette Jacobs, Pat Rector, Linda Taylor, Mary Stevens, Dan Russo, Dave Nelson, Doris Scott, Beth Kleersnyder, Chris Zarzecki, Jack Gibson, Anne Boddy, Leatha Fischer, Jane Balder, Terri Osmun, Kathy Malfroid, Brenda Pearson, Joe Hammer, Becky Bartaway, Bill Belbot, Janice Gardener, Cheryl Griffin, Leah Buggs, Leza Robinson, Cathy VanOrden, Keith VanderWeide, Lori Bruesch, Mark Marshall, Doris Burns, Sylvester Robinson, Julie Peck.

1st Row: Lon Norman, Mark Marshall, Kathy Malfroid, Chris Zarzecki, Dave Nelson, Val Taylor, Becky Badeau.

2nd Row: Keith VanderWyde, Kathy VanOrden, Mary Stevens, Levi Figures, Janet Ashley, Noreen Palumbo.

Madrigals

Advisor: Mr. Huls

Madrigals is a special group of our school's finest singers. This talented bunch spend much time practicing and performing for school functions and making tours to other schools. They work hard to produce fine entertainment, and we are proud to have such a grand group here at Central.

1st Row: Julie Lemcool, Nancy Kelley, Tammy Farwell, Denise VanDyke, Debbie Farwell. 2nd Row: Grady Rawson, Mike Belcher, Sharon McKnight, Carolyn Mahan, Mark Nagel, Karen Kelley.

Officers: Pres.-Mark Nagel, Librarian-Karen Kelley, Equipment-Grady Rawson, Secretary-Julie Lemcool.

Orchestra

Central's orchestra is made up of a group of very talented musicians. They played at this year's musical and the Arts Festival. They performed music of all styles and periods at the American Composers Concert, Christmas Concert, and at the Pops Concert. Their director and sponsor is Mrs. Roman.

1st Row: Charles Tolhurst, Kathy Malfroid, Sheryl Obiedzinski, Kathy Creager, David Robinson. 2nd Row: David Paul, Brian Timmer, Wayne Toppel, John Korolewicz, Richard Peay, Mark Currier, Jamie Blomeling, Mike Stott, James Coates, Allan VanderMark, Steve Tompkins, Mark Anderson, Joe Schneider, Jerry Kubiak. Missing: Jeff Fluegel.

Jazz Band

Our Jazz Band is something to be proud of. They are under the direction of Mr. Knowles. Their music was heard at a number of concerts and festivals. Many community functions were blessed with our fantastic sounds. Savory Street Restaurant was an example of their great talents.

Left to Right: Lady Burrell, Tony Willis, Susan Buggs, Lenny McKoy, Yolanda Moore, Robert Thomas, Judy Floyd.

Black Student Union

Advisor: Mr. Owens

The purpose of the Black Student Union is to increase the awareness of minority contributions to American History. At the same time, they increase the social atmosphere of the school so that it is inclusive of minorities. They encourage a community awareness and a "strength in unity" approach to problems.

RAMS
63
62
51

1st Row: Lori Prins, Jerry Bostelaar, Lisa Wood, Lori Anderson.
2nd Row: Inga Kornets, Bob Skibbe, Beth Barile, Kirk Beckman.
3rd Row: David Paul, Andrea Morgan, Gary Malfroid.
4th Row: Tony Harris, Judy Upton, Dick Bowhuis, Shirley Nunnaley.

Key Club

The Key Club is comprised of male and female students of any grade. It is a service organization sponsored by the downtown Kiwanis Club. They have sponsored candy sales, worked with the Northeast Complex, worked on Kiwanis Travelogs, and various other projects. The main objective is the development of leadership and to develop a positive community service attitude among Central students.

1st Row: Ann Wilkening, Kim Blozinski, Eloise Marshall. 2nd Row: Sara Meeusen, Sheri Runyan, Laurie Bosowski.

G. R. A.

Sponsor: Mrs. Haglund

G.R.A. stands for Girls Recreation Association. The G.R.A. is a group of girls who meet after school and have a great time playing sports, games, picnics, or just talk. An initiation takes place each fall for those girls who wish to participate. The club is open to all girls.

Peace

1st Row: Gloria Waem, Debbie Scott, Cherylou Sargent, Frank Lafata, Donna Ledford, Jane Beardsley, Pat Childs. 2nd Row: Terri Putnam, Roger Alighire, Earl Hopewell, Raenelle Sinke, Lisa Thomas.

Rampages Staff

Advisor: Mr. David Barkema

The Rampages Staff is the group of kids who put together the school newspaper which covers all of Central's major happenings and sports events. It also carries special articles about things such as school spirit, zodiac signs, and poetry written by some of our own students. This year's staff worked hard to get the paper out on time and to keep Central students informed.

1st Row: Merri Piette, Marcia Boelens. 2nd Row: Rhonda Britton, Kim Selbach, Cindy Oom. 3rd Row: Chris Pruett, Cindy Boverhof, Toni Pond, Chuck Kennedy.

Every page in this book was created by one or several members of the Helios Staff. These are the people who put the memories of your high school years together in one book for you to keep. There is a great amount of time and effort put forth by the staff in taking pictures, doing write-ups, and just putting it together. With the help of Mr. David Barkema, the kids of this year's staff have done a fantastic job.

Helios Staff

Drill Team

R. O. T. C.

Third Platoon

Inspection

Color Guard

First Platoon

Fourth Platoon

Second Platoon

1st Row: Maria Gomez, Hope Rodriguez, Cruz Ortega, Debbie Monsalvo, Diamantina Martinez, Birdy Paiz, Betty DeLeon.
2nd Row: Becky Arizola, Arturo Ramos, Henry Gonzalez, Hector Alvarez, Juan Martinez, Vicky Jimeniz.
3rd Row: Mr. Romero (Club Co-ordinator), David Saenz, Tony Rodriguez, Rolando Vela, Jose Benites, Rick Benites.

Latino Club

The purpose of the Latino Club is to unify the Latino students in hopes that they may be able to experience learning both as members of a Latino group and part of the Central High School student body. Through this unity, a maintenance of their language and culture is stressed along with a better understanding of the language and culture of the dominant society. Pride in their rich ancestry is requested of all members as well as being proud that they are still Americans. The sponsors of the Lation Club are Mr. Roberto Saenz and Mr. Jose D. Romero.

1st Row: Lynn Bueche, Kathy Stanley, Laura Misiewicz, Ellen Weber, Sue Rosloniec, Sue Constant, Eloise Marshall, Ms. Snyder (Sponsor). 2nd Row: Sue Sylvia, Eddie Rucker, Terri Nelson, Julie Baas, Laurie Ward, Ida Griffin, Sue Glupker. 3rd Row: Sunny Lindsey, Debbie Rosloniec, Terry Putnam, Liz Merdzinski, Jim Bleeker, Carol Rittenhouse.

B. O. E. C.

B.O.E.C. stands for Business Office Education Club. The club is comprised of both gals and guys who are interested in any aspect of the business field. Meetings are held and everyone joins in to help raise money for the big competition events. This year Central brought home four Regional awards plus the All-School Trophy.

1st Row: Bob Lewakoski, Laura Zandstra, Kathy Kindig, Ellen Weber, Carol Pierson, Chuck Kennedy, Bob Kosminski.
2nd Row: Jeff Barton, Sue Hansen, Craig Anderson, Mike Belcher, Steve McDonald

Media Aides

Media Aides are a select group of volunteers who work in the I.M.C. These students come from study halls or are simply on released time. Selections are made on the basis of the individual student's attitudes, reliability and willingness to learn. Their duties are varied. Some are daily, others are on no schedule, thus making the job varied and non-routine. Because of the many services offered by the I.M.C., there are many corresponding duties to be done: filing books, checking out materials, cleaning up, filing magazines, helping students and teachers, cutting out newspaper articles for the Vertical File, delivering AV materials and machinery, filing Vocational File materials, "reading" shelves to make sure the books are in correct order, and taking the lists of students down to study hall. Of course, there are other jobs which are only done once or twice a year. As can be seen, with this many tasks, the library staff could never manage all of them by themselves. While the requirements are demanding and the work hard, the rewards are equally as great. The library staff is extremely appreciative of all the help given by the media aides. Hopefully, all students who use the I.M.C. will recognize the services provided by these volunteers and show them the respect they deserve.

(Left to right): Ed Campbell, Tim Ball, Rick Pifer, Bob Bodbyl, Lon Norman. Missing: Jack Gibson.

Stage Crew

The members of the Stage Crew are the guys behind the scene. They are the people responsible for everything having to do with the stage during any school functions taking place in the auditorium. The next time you attend any one of these functions and you see the curtain open or close, or a spotlight come on, you'll know that a member of the Stage Crew is hard at work somewhere in the auditorium to make whatever is going on a success.

Frank Lafata

THE WAY WE WERE.

Merri Jo Piette: Editor
Organizations

Marcia Jean Boelens: School Life

Rhonda Britton: Underclassmen

Kim Selbach: School Life

Cindy Oom: Assistant Editor Sports

Chuck Kennedy: Photographer

Vickie Portwood: Seniors

Cindy Boverhof: Underclassmen

Toni Pond: Faculty

Kathy Briel: Faculty

Senior Directory

A

Abbgy, Bruce . . . . . *106 Dwight, S.E.*
Freshman and J.V. Baseball.

Alyea, Sandra . . . . . *.2969 Four Mile Rd., N.E.*
BOEC, Co-op, Honor Society.

Ashley, Janet R. . . . . . *301 Maryland, N.E.*
Float Committee, Madrigals, Senior Choir, Senior Play, Musical, German Club.

B

Baez, Sonia . . . . . *.1026 Bates, S.E.*
Latino Club, Close-up.

Beckman, Kirk W. . . . . . *1032 North Hampton, N.E.*
Key Club President, Varsity Boys' Swimming.

Beuche, Lynn M. . . . . . *158 Woodside, N.E.*
BOEC.

Blomeling, Allison . . . . . *610 Atwood, N.E.*
Girls' Varsity Track, Student Council Treasurer, Key Club.

Boggs, Mary . . . . . *311 Houseman, N.E.*
Rampages, Helios, Pep Club.

Boggs, Teresa . . . . . *311 Houseman, N.E.*
Pep Club, Helios, Rampages, French Club, Honor Society.

Bostelaar, Jerry . . . . . *.1011 Vernon, N.E.*
Freshman and J.V. Football, Freshman and J.V. Basketball, Freshman Baseball, Varsity Track, Varsity Tennis, Key Club Vice-President, Senior Class Boy Advisor, Head Sr. Usher.

Brewster, Cheryl Ann . . . . . *1839 Madison, S.E.*
Girls' Freshman Basketball, Senior Advisory Board, Student Council.

Britton, Rhonda . . . . . *476 Houseman, N.E.*
Helios, Rampages.

Boelens, Marcia . . . . . *.542 Sinclair, N.E.*
J.V. and Varsity Cheerleader, Girls' Varsity Track, Pep Club, S.A.C., Student Council Secretary, Honor Society, French Club, Senior Advisory Board, Yearbook, Homecoming Court.

Brooks, Carolyn . . . . . *1145 Paris, N.E.*

Butler, Denise . . . . . *22 Batavia, N.E.*
Girls' Varsity Track, Girls' Varsity Basketball, Girls' Varsity Volleyball, C-Club.

C

Campbell, Ed . . . . . *.2112 Palace, S.W.*
J.V. Football, J.V. Basketball, J.V. and Varsity Baseball, German Club, Stage Crew.

Cash, John . . . . . *231 Lafayette, N.E.*
Honor Society.

Cebelak, Jeff . . . . . *2426 Leonard, N.E.*
Varsity Basketball, Varsity Tennis, Honor Society, Senior Usher.

Chasseur, Tim . . . . . *1023 Fountain, N.E.*
Senior Usher, Honor Society, Senior Advisory Board, Varsity Tennis.

Couch, Brenda . . . . . *703 Alexander, S.E.*
Pom Pom Girls, Black Student Union.

D

Davidson, Susan . . . . . *410 Burton, S.W.*
Debate, Pep Club, Yearbook, Senior Float Committee.

Dobrey, Adele M. . . . . . *947 Lyon, N.E.*
GRA, BOEC, Honor Society, Co-op.

Donaldson, Betty . . . . . *.1850 Palace, S.W.*

Dryer, Susan . . . . . *34 Kirtland, S.W.*
Honor Society, Senior Usher, Homecoming Float Committee.

Dunstan, Debbie . . . . . *2201 Cranbrook, N.E.*
Senior Choir.

E

Ebenstein, Harold . . . . . *.2137 Jerome, S.W.*

Elders, Tammy . . . . . *1120 Lyon, N.E.*
Girls' Varsity Softball.

Emaus, Bruce . . . . . *.55 Mayfair, N.E.*
Varsity Swimming, Key Club, C-Club, Stage Crew, Model U.N.

F

Faasse, Carol . . . . . *137 Benjamin, N.E.*
Senior Class Corresponding Secretary, Penny Queen, Honor Society, Pep Club, D.A.R. Representative.

Fischer, Leatha . . . . . *643 Hawthorne, N.E.*
Jr. and Sr. Choir, Musical.

Fowler, Cheryl Lee . . . . . *843 Cottage Grove, N.E.*

Frierson, Cynthia . . . . . *.1951 Bradford, N.E.*
Black Student Union Secretary, Key Club, Student Council, Jr. and Sr. Class Work Committees.

Fry, Penny . . . . . *.135 Langdon, N.E.*

G

Garfield, Laura J. . . . . . *.314 Mayfield, N.E.*
Ski Club, Pep Club, Student Council, GRA, BOEC.

Glupker, Susan J. . . *8080 Wilderness Lake Trail, N.E.*
BOEC Secretary.

Gooden, Sarah . . . . . *2364 Kent Blvd., N.E.*
German Club, Tennis, Basketball, C-Club, Volleyball, Softball.

Green, Becky ..... *710 Leonard, N.E.*
Pep Club, Student Council, Girls' Varsity Track, Co-op.
Griffin, Ida ..... *215 Brown, S.E.*
BOEC.
Gutierrez, Becky R. ..... *840 Oakland, S.W.*

H

Hankiewicz, Carol ..... *738 Lyon, N.E.*
GRA, Pep Club, Agona Treasurer, Golf Team, Musical, French Club Treasurer, J.A.
Hansen, Sue ..... *54 Lowell, N.E.*
Band, Majorettes, Library Aide, J.A., Glee Club.
Hassel, Pamela ..... *343 Wealthy, S.E.*
Student Council, Black Student Union, Key Club.
Hill, Katherine ..... *611 Wealthy, S.E.*
Black Student Union.
Hondo, Fred ..... *1313 Eastern, N.E.*
12 years at Central. Taken every girl to Lookout.
Hubert, Lois Jean ..... *928 Lake Mich. Drive, N.W.*

I

Ivy, Paul Douglas ..... *1259 Thomas, S.E.*
Baseball, Track, Cross Country, J.A., Gymnastics.

J

Jamo, Rob ..... *818 Burke, N.E.*
Freshman Wrestling and Baseball, Cross Country, French Club, Latin Club, Senior Usher.
Jeltema, Joseph ..... *Number 1 Turkey, N.W.*
King Big Lips, Frizzie Club President, Ugliest Dutch Boy, Teller of Worst Jokes in Central's History.
Jones, Constance Faye ..... *812 Kalamazoo, S.E.*
Senior Choir.
Jordan, Emma ..... *411 Paris, S.E.*
Justema, Mark ..... *1824 Michigan, N.E.*
Hockey Team, J.A., Jr. Class Work Committee.

K

Karrip, Janie ..... *557 Shirley, N.E.*
J.V. Cheerleader, Varsity Track, Ski Club, Gymnastics.
Kelly, Paul Joseph ..... *130 Globe, N.E.*
Pep Club, French Club, J.V. Football, Tennis Team, Senior Play, National Honor Society, Jr. and Sr. Class President.
Kingsnorth, Sally ..... *231 Alten, N.E.*
GRA, Girls' Freshman Basketball, French Club, Ski Club, Pep Club, Agona, Girls' Varsity Swimming, J.V. and Varsity Cheerleader, Student Council, Student Advisory Council, Senior Usher, Senior Advisory Board, Senior Play.
Kitchen, Rocky R. ..... *56 Mayfield, N.E.*
J.V. Football and Baseball, Varsity Wrestling, Football and Baseball, C-Club, German Club.
Kornets, Ingrida D ..... *740 Crescent, N.E.*
GRA, Student Council, Glee Club, Ski Club, Musical, Soph. Class Treasurer, Senior Choir, Jr. Class Secretary, Pep Club, Model United Nations, NHS, Agona, Key Club, Senior Play, Latin Club.

L

LaHuis, Diana ..... *210 Diamond, N.E.*
Girls' Varsity Track, Pep Club, Athletic Staff.
Lindsey, Sunny ..... *120 Eastern, N.E.*
BOEC, Senior Work Committee.
Long, Virginia ..... *605 Alexander, S.E.*
Lopez, Fabian ..... *26 Caroline, N.E.*
Helios Staff.

M

MacMillan, Irene ..... *527 Adams, S.E.*
J.A.
Malfroid, Kathy Beth ..... *117 Houseman, N.E.*
Jr. Choir, Sr. Choir, Madrigals, Sr. Band, Jazz Band, Media Aide, Musicals.
Manike, Ed ..... *854 Leonard, N.E.*
Pep Club, Key Club, Newspaper.
Marion, Brian ..... *56 Mayfield, N.E.*
J.V. and Varsity Football, J.V. Wrestling.
McDonald, William ..... *1817 Jefferson, S.E.*
Varsity Football.
McIntyre, Barbara ..... *140 Elm, S.W.*
Gymnastics, Homecoming Court.
McKinney, Wanderval Inetter ... *1152 Benjamin, S.E.*
BOEC, GRA, Close-up, Jr. Choir, J.A., Madrigals, SAB, Student Council.
Merdinski, Liz ..... *1593 E. Fulton*
Pep Club, Ski Club, Student Council, J.A., BOEC, GRA.
Mesa, Marcia C. ..... *35 VanDine, N.E.*
Miller, Beth ..... *2138 Globe, N.E.*
Girls' Varsity Tennis, Close-up President, J.A., Senior Usher, DECA President.
Mieras, Monica ..... *56 Packard, S.E.*
Student Council, Pep Club, Senior Choir, J.A.
Moelker, Karla Jean ..... *1585 Lyon, N.E.*
Girls' Varsity Swimming, Girls' Varsity Softball, Agona, National Honor Society.
Moore, Terri ..... *1010 Dunham, S.E.*
Black Student Union.
Moore, Yolanda ..... *1912 Francis, S.E.*
Black Student Union Treasurer, Key Club, Student Council, Pom Pom Girl.

N

Nelson, Doris A. . . . . 927 Calvin, S.E. Varsity Cheerleader, SAC, SAB, Black Student Union, Homecoming Court.

Neuman, Glenna . . . . . .608 Oakdale, S.E.

Norman, Lon . . . . . 17 Sutton, S.W. Stage Crew, Madrigals.

O

Oom, Cindy . . . . . 1043 Innes, N.E. GRA, Agona Secretary, Girls' Varsity Swimming, Girls' Varsity Track, German Club, Helios, Pep Club, J.A.

P

Palmitier, Jack . . . . . .850 Caulfield, S.W.

Parish, Debra K. . . . . 1826 Stafford, S.W. Girls' Varsity Track, Jr. Choir, Library Club.

Patten, Charles E. . . . . 537 Cedar, N.E. Hockey Team.

Patterson, Kathy . . . . . 2229 McKee, S.W. Honor Society, Senior Usher.

Piette, Merri Jo . . . . . 800 Fairview, N.E. J.V. Cheerleader, Varsity Cheerleading Captain, Yearbook Editor, Girls' Varsity Track, Pep Club, Honor Society, Homecoming Queen.

Piette, Terry Joe . . . . . 800 Fairview, N.E. J.V. Football and Baseball, Varsity Football, Stage Crew.

Pingel, Doris . . . . . .2601 Michigan, N.E. Orchestra.

Pittman, Delores . . . . . 1400 Union, S.E.

Potter, Kimberly A. . . . . 953 Dorchester, S.W. Girls' Varsity Tennis, SAB, Senior Usher.

Pruett, Chris . . . . . .1051 W. Hampton Dr., N.E. Pep Club, Yearbook Staff, Jr. Class Work Committee.

Putnam, Teresa . . . . . 1106 Crescent, N.E. Pep Club President, Student Council, BOEC, Newspaper Staff.

R

Reyna, Martha . . . . . 308 Claremont, N.E. GRA Treasurer, GRA President, SAC, Musical.

Richardson, Bradford X . . . . . 536 Hall, S.W. ROTC.

Rohloff, Robert Scott . . . . . 1101 Worcester, N.E. Debate Team, Forensics Team, Boys' Varsity Tennis.

Rosloniec, Susan Marie . . . . . 721 Emerald, N.E. Student Council, Pep Club, BOEC President, J.A.

Rucker, Eddie Marie . . . . . .455 Oakdale, S.E. SAB, GRA, Student Council, Jr. Choir, Latin Club, Homecoming Court, BOEC, J.A.

S

Schaap, Yvonne . . . . . 1960 Prospect, S.E. Girls' Varsity Swimming, Homecoming Court, Agona, Pep Club.

Schoonheim, Lisa . . . . . 3534 Poinsettia, S.E. Honor Society, German Club.

Schuhman, Todd . . . . . 115 Carlton, S.E. Freshman Football, Varsity Golf, Freshman, J.V. and Varsity Baseball.

Selbach, Kimberly . . . . . 801 Innes, N.E. Honor Society, GRA, Agona, Latin Club, Girls' Gymnastics, Girls' Varsity Swimming, Yearbook Staff, Senior Play.

Scott, Debbie . . . . . 1135 Fountain, N.E. Girls' Varsity Track, Pep Club, French Club, Ski Club, Student Council Vice-President, Newspaper Staff.

Scott, Lenore . . . . . 1135 Fountain, N.E. Girls' Varsity Track, Pep Club.

Sleziak, Debra . . . . . 1110 Fountain, N.E.

Smith, Bill . . . . . 540 Prospect, N.E. Freshman Football and Basketball.

Smith, Christine L. . . . . 921 Lafayette, N.E. Majorette.

Smith, Debra Lynn . . . . . 1070 Kalamazoo, S.E. J.V. and Varsity Cheerleader, Sophomore Class President, Senior Class Girl Advisor, Student Council President, Homecoming Court.

Snyder, Sandra . . . . . .602 Shamrock, S.W.

Spielmaker, Sue . . . . . .315 Benjamin, S.E.

Stanton, Theresa . . . . . .2115 Darwin, S.W. Girls' Gymnastics.

Sylvia, Sue . . . . . 242 Cedar, N.E. Pep Club, Ski Club, Student Council, BOEC, GRA, J.A., Senior Play.

T

Teachout, Todd . . . . . 209 Fuller, S.E. Boys' Varsity Swimming, Honor Society.

Thurman, Craig . . . . . 826 Lafayette, S.E. Black Student Union, Varsity Basketball, C-Club.

Tolhurst II, Charles Ralph . . . . . 555 Martha, S.W. Senior Marching and Symphonic Band, Stage Band, Orchestra, Senior Usher, Honor Society, Explorers Club.

U

Uecker, Ron . . . . . 1250 Walwood Dr., N.E. Boys' Varsity Swimming, SAB.

V

VerWys, Ellen R. . . . . 2761 Leonard, N.E. BOEC, J.A., Co-op.

W

Wagemaker, Helen E. . . . . .1542 Michigan, N.E.
Girls' Varsity Tennis, Debate, French Club, Agona, Honor Society, Girls' Varsity Golf, German Club.

Ward, Barb . . . . . .626 Hawthorne, N.E.
Senior Band, Honor Society, Head Senior Usher, Sr. Class Recording Secretary.

Weber, Ellen . . . . . .556 Grand, N.E.
Pep Club Treasurer, BOEC Treasurer, Media Aide, Student Council.

Wojciakowski, Marcia . . . . . 710 Harlan, N.E.
Newspaper Staff.

Wood, Lisa . . . . . 1117 Emerald, N.E.
Pep Club Treasurer, J.V. and Varsity Cheerleader, Girls' Varsity Track, Soph., Jr. and Sr. Class Vice-President, Debate.

Woods, Linda . . . . . .3415 North Lake Dr., N.E.

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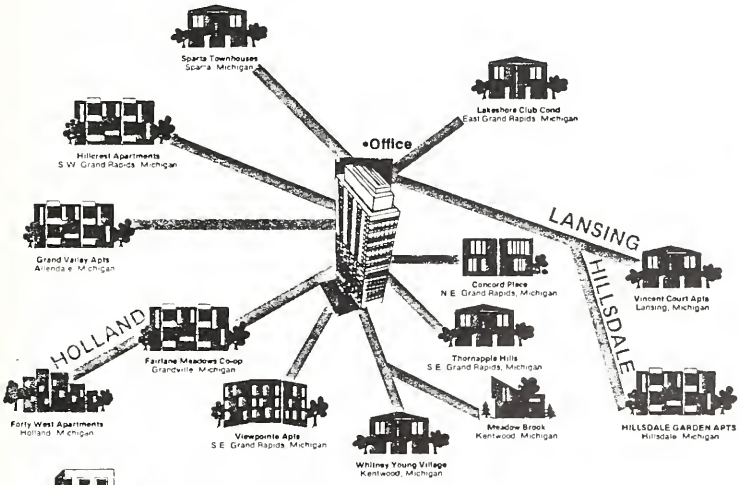

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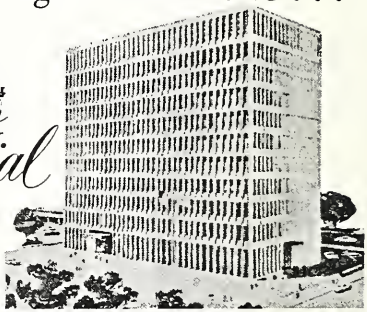

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It's time to say good-bye to another year. For some, their last here at Central. The memories this year has left us with will be remembered with a warm feeling inside for a long time. As editor, I would like to thank everyone on the 1975-76 Helios staff for their hard work and dedication towards making this book a "keeper" for the memories of this special year. Also, I would like to thank Mr. Barkema for his help and guidance throughout the year. I guess there aren't any words to express the gratitude felt for the people, faculty and students, who made all of these beautiful memories possible. The best of luck to next year's staff.

Merri Jo Piette